The Nurtured Heart Approach®
for Social Work

Nuts and Bolts for Providers: Introduction and Refresher

Training Description

This full-day course is designed for social workers and those in similar fields interested in using the Nurtured Heart Approach® (NHA). Participants will learn how to implement a higher level of NHA in a social work setting and will discover how to apply NHA to themselves. This training will explore the individual, small group and family support environment setting to improve overall client/ social work climate. Participants will also learn how NHA fits with systems of support within their work. Practical ideas and tools for implementation to move toward success with NHA will be shared including participation in Greatness Kids Initiative activities for use with families.

Learning Objectives

Participants will be able to:

- Communicate three foundational principals and standards of NHA applicable to children and adults;
- Apply three aspects of the NHA approach with fidelity in their work and personal environment;
- Apply three principles of the NHA into their practice in different settings – home, education, and therapeutic; and
- Demonstrate two practical applications during practice with the Greatness Kids Initiative.

Continuing Education

This course meets the qualifications for six and a half (6.5) hours of continuing education credit for MFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences. Placer County Systems of Care CAMFT -approved Continuing Education Provider #041035. SOC maintains responsibility for this course and its content.

About the Instructor

Celeste Elsey, M.A. Special Education, is an accomplished professional with a background in special education and alternative education. She is passionate about supporting parents, caregivers, therapists, social workers, and educators. For 16 years, she has worked as a public speaker, coach, and trainer, helping build positive relationships, well-being, and reducing negative behaviors in home and school settings across the United States. Her background includes teaching special education in K-8 and middle school, alternative education, and instructional coaching for teachers. As a coach/facilitator, she shares effective strategies to increase youth engagement and reduce behaviors, ensuring that children of all ages feel seen and safe. Celeste has served in multiple leadership positions as an educator and in public organizations. She authored the book "Greatness Kids Initiative," offering over 70 activities to build self-esteem and individual success for children. Honored with the Teacher Who Makes A Difference award in 2010 and the Placer County Certificated Employee of the Year 2021, she recently retired as a special educator. Celeste currently serves as Chief of Operations for Consortium Training & Consulting (CTC). CTC offers trainings ranging from emergency preparedness and school/workplace safety to wellness, behavior support and stress/burnout reduction.
Visit the website: https://www.consortiumtraining.com

Training Date: April 9, 2025
Time: 9:00am-5:00pm
Location: *HHS Center - Auburn*
11434 B Avenue, Jeff Brown Rooms 1&2

Registration is available in Placer Learns

Placer County Employees: Learning Zone
External Users Link: *Placer Learns*

If you need a Placer Learns account, submit your request at the External Users Login Page.

For accessibility requests (e.g. ADA access), special needs, questions and/or to provide feedback, please contact Placer County designee, SOC Placer Learns Administrator at:
PlacerLearns-SOCadmin@placer.ca.gov

Fee:

This training is ***free and open to the public.*** Registration is available in Placer Learns 6-8 weeks prior to training start date.

- All External Users (anyone not employed by Placer County) will need to log into their Placer Learns External User account, or go the Placer Learns External User log-in page to request a new account.
- Placer County employees can access Placer Learns through the Learning Zone on their MyPlacer.

Cancellation Policy:

Due to this training being offered at no cost and most of our trainings often taking a waitlist, we ask that you withdraw from this training via your Placer Learns account if you are not going to attend. If you require any assistance in withdrawing, you may contact a Placer Learns Department Administrator at PlacerLearns-SOCadmin@placer.ca.gov.

Target Audience:

Nurtured Heart for Providers: Nuts and Bolts Introduction and Deeper Dive trainings are designed for therapists, caregivers, teachers and adults who impact the lives of children. These trainings outline specific methods to engage with children in a way that will help them navigate around defensiveness and negative self-esteem.

Schedule:

Registration will begin 15 minutes prior to start of the training time listed on the flyer. There will be a one hour break for lunch and two additional 15-minute breaks at the trainer's discretion.

Course Certificates and CEUs

Participants are required to attend and partici-pate for the duration of the training for credit. Attendees who complete the training attendance requirements will be able to view and print their Completion/CEU Certificate from the Transcripts tab in Placer Learns within two weeks of the training date. Please note the number of course credits does not include the time allotted for registering, taking lunch, or other breaks. Attendees not present and accounted for will not receive credit. Partial credit is not offered.

Feedback:

Attendees are encouraged to provide feedback upon completion of the course. We will provide a Survey Monkey link for participants to provide training evaluation feedback and demographic information electronically. Additional feedback or grievances may be forwarded to the Workforce Education and Training Coordinator at (530) 889-7697.