Co-Occurring Disorders: An Overview of Prevalence, Assessment, Client Engagement and Treatment Interventions

Training Description

Co-occurring Disorders are associated with increased symptom severity, lower rate of treatment adherence, higher rates of dropping out of treatment, increased risk of suicide, and greater risk of relapse. (Substance Abuse and Mental Health Services Administration [SAMHSA], 2020). Treatment is complicated by the fact that many professionals are insufficiently trained in assessing and treating co-occurring disorders. This course will provide education regarding the prevalence of co-occurring disorders, assessment tools for this population, strategies for engagement and treatment interventions for people who have a diagnosis of co-occurring disorders. This course blends didactic material with interactive exercises to help the learner understand the needs of this population while delivering services.

Learning Objectives

Participants will be able to:

- to identify at least two risk factors for co-occurring disorders when screening for COD and determining the need for further evaluation and diagnosis in the clinical setting.
- explain at least one reason why the best practice of treating co-occurring disorders is integrated treatment and at least one alternative way to proceed if that best practice of integrated treatment is not possible in the clinical setting.
- apply the six dimensions of the ASAM assessment to guide service planning and treatment in the clinical setting.
- to explain how to stage clients using the stages of change and identify what interventions to implement based on that stage when working with clients with COD
- specify appropriate use of the Motivational Interviewing Tool, Readiness, Importance, and Confidence Ruler, as well as prepare two questions to elicit change talk when working with clients with COD.

Continuing Education

This course meets the qualifications for 6 Hours of continuing education credit for LMFTs, LCSws, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences (CAMFT). Placer County Systems of Care is approved by CAMFT to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs. Placer SOC maintains responsibility for this course and its content.

About the Instructor: Darla Bellflower

Darla Bellflower has worked in leadership in the substance use disorder and behavioral health fields for over three decades. She is a Clinically Licensed Social Worker in both Missouri and Kansas, a Licensed Addiction Counselor in Kansas, Certified Reciprocal Advanced Alcohol & Drug Counselor in MO, Certified Peer Specialist, Certified Tobacco Treatment Specialist, and a trainer and educator of Naloxone distribution. She obtained her MSW from KU and she has a BS in Psychology and Alcohol and Drug Studies from Missouri Valley College. She has her own LLC private practice and actively volunteers in her community.

Training Dates and Time

October 15th & 17th, 2024
9:00am- 12:00pm

Location: *Remote- Zoom Link*

Registration is available in Placer Learns

◊ Placer County Employees access Placer Learns through the Learning Zone on their MyPlacer.

◊ External Users (non-county employees) access Placer Learns through this External User Login

For accessibility requests (e.g. ADA access), special needs, questions and/or to provide feedback, please contact Placer County designee, SOC Placer Learns Administrator at:
PlacerLearns-SOCadmin@placer.ca.gov

Fee:

This training is ***free and open to the public.*** Registration is available in Placer Learns as follows:

- ◊ Placer County Employees access Placer Learns through the Learning Zone on their MyPlacer.
- ◊ External Users (non-county employees) access Placer Learns through this External User Log-in Page.
- ◊ External Users can request a Placer Learns account at the External User Log-in Page.

Cancellation Policy:

Due to this training being offered at no cost and most of our trainings often taking a waitlist, we ask that you withdraw from this training via your Placer Learns account if you are not going to attend. If you require any assistance in withdrawing, please contact a Placer Learns System Administrator at: PlacerLearns-SOCadmin@placer.ca.gov

Target Audience:

Co-occurring Disorders trainings are intended for mental health professionals, counselors , therapists, medical staff, substance use disorder services staff and clinical supervisors working in the treatment of mental health disorders or substance use services.

Schedule:

Training will be online starting at 9:00am both days. Trainer request to be online and connected at least 5 minutes prior to start of training. Instructor will provide a break during each day. The course will end at 12:00pm on both days.

Course Certificates and CEUs:

Attendees are required to sign in upon their arrival and sign out at the completion of the training each day. Within two weeks of the training date, attendees will be able to view and print their completion/CEU certificate from the Transcripts tab in Placer Learns. Please note the number of course credits does not include the time allotted for registering, taking lunch, or other breaks. **Attendees who fail to sign out will not be given credit. Partial credit is not offered.**

Feedback:

Training attendees will be able to provide feedback upon completion of the course through an electronic training evaluation survey during the training and/or in a follow-up email. Additional feedback or grievances may be forwarded to the Workforce Education and Training Coordinator at (530) 889-7222.