BE SENSITIVE, BE BRAVE

For Suicide Prevention

Join us for a foundational, interactive workshop on suicide prevention. This no-cost workshop prepares community members to navigate conversations about suicide.

May 22, 2024
2-4 PM

Workshop will be held via Zoom. Visit the link below below to register:

https://tinyurl.com/PCOEMayBSBB

Learn How To:

- Identify signs of suicide
- Sensitively and confidently asking individuals if they are considering suicide
- Connect individuals at risk of suicide with appropriate resources and community supports
- How to approach suicide prevention in a culturally sensitive manner

Trainer: Kirk Houston, Community Services Supervisor
khouston@victor.org
916.995.9397

If you would like to schedule a workshop for your organization, please contact Stephanie Kaiser: skaiser@placercoe.org

If you know someone who is in suicidal crisis or emotional distress, please reach out for 24/7 crisis support: call 988 or text "HOME" to 741741.

PCOE
GOLD IN EDUCATION

Victor
Helping Others Soar

PCOE is committed to the full inclusion of all individuals and remaining compliant with the American with Disabilities and Fair Employment and Housing Acts. As part of this commitment, PCOE will work to ensure that persons with disabilities are provided reasonable accommodations. Persons with disabilities who wish to request reasonable accommodations or who have questions about access, please contact: Jessica LeFohn: jlefohn@placercoe.org 530.745.1467