

# Law and Ethics: Updates for Clinicians



## Training Description

This course will review recent and planned changes to California and federal law for mental health professionals. We will discuss new rules for Good Faith Estimates and Emotional Support Animal letters to major changes in supervision rules. Additional meaningful changes around technology and continuing education are on the horizon, and clinicians who are fully aware of, and adapt to, these changes can reduce risk to their practices, their clients, and their supervisees. We will also discuss the impact of increased workloads and changes in client expectations on the realities of day-to-day practice. We'll talk about some of the challenges that arise when working with children and families in the modern context, including the impacts of technology on treatment and on family relationships. We'll examine some of the most common causes for licensing board disciplinary actions, including some recent cases that may surprise you. And we'll debate current ethical questions in the field, including the roles of self-disclosure and self-care in clinical practice.

## Learning Objectives

*Participants will be able to:*

- Identify four recent changes in relevant state law for California mental health providers.
- Identify at least two recent changes in relevant state regulation for California mental health providers.
- List three requirements under federal law for mental health providers.
- Describe three common causes for professional disciplinary actions.
- Describe at least two ethical concerns surrounding app-based psychotherapy.
- Connect at least one form of self-care with ethical compliance.

## Continuing Education

This course meets the qualifications for six (6) hours of continuing education credit for MFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences. Placer County Systems of Care (SOC) CAMFT-approved Continuing Education Provider #041035. SOC maintains responsibility for this course and its content.



## About the Instructor

Dr. *Benjamin Caldwell* is a licensed marriage and family therapist, an adjunct faculty member at California State University Northridge, and the Education Director for SimplePractice Learning. He is the author of several books, including *Basics of California Law for LMFTs, LPCCs, and LCSWs* and *Saving Psychotherapy*. He served as Editor for the *User's Guide to the 2015 AAMFT Code of Ethics*, and as lead author of AAMFT's *Best Practices in the Online Practice of Couple and Family Therapy*. He was directly involved in California's first-in-the-nation ban on reparative therapy for minors, and he drove the change in title from "intern" to "associate" for pre-licensed MFTs and PCCs. For his advocacy work, he was awarded the AAMFT Division Contribution Award in 2013. He is based in Los Angeles.

## Training Dates and Time

**February 28-29, 2024**

**8:30am-11:45am**

***Both days are required for credit.***

## Location: Remote Training via Zoom

### Registration is available in Placer Learns

- Placer County Employees access Placer Learns through the [Learning Zone](#) on their [MyPlacer](#).
- External Users (non-county employees) access Placer Learns through this [External User Login](#)

**Or email: [PlacerLearns-SOCadmin@placer.ca.gov](mailto:PlacerLearns-SOCadmin@placer.ca.gov)**

For accessibility requests (e.g. ADA access), special needs, questions and/or to provide feedback, please contact Placer County designee, SOC Placer Learns Administrator at:

[PlacerLearns-SOCadmin@placer.ca.gov](mailto:PlacerLearns-SOCadmin@placer.ca.gov)





## Fee:

This training is **free and open to the public**. Registration is available in [Placer Learns](#).

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If you do not have a Placer Learns account, please contact a Placer Learns Department Administrator at [Placer-Learns-soctraining@placer.ca.gov](mailto:Placer-Learns-soctraining@placer.ca.gov) to request an account and one will be created for you.

## Cancellation Policy:

Due to this training being offered at no cost and most of our trainings often taking a waitlist, we ask that you to withdraw from this training via your Placer Learns account if you are not going to attend. If you require any assistance in withdrawing, you may a Placer Learns Department Administrator at [PlacerLearns-SOCadmin@placer.ca.gov](mailto:PlacerLearns-SOCadmin@placer.ca.gov).

## Target Audience:

*Law and Ethics: Updates for Licensed Clinicians* is intended for seasoned practitioners, those who are supervising pre-licensed clinicians, and/or those in need of fulfilling the six hour continuing education requirement for the BBS.

## Schedule:

**This is a live, remote training over two half– days.** A Zoom link for access to the training will be provided to participants prior to the day of training. Access to the training will begin 15 minutes prior to start of the training time listed on the flyer. One 15 minute break will be offered each day at the trainer’s discretion.

## Course Certificates and CEUs

Attendance for this training will be closely monitored by an administrator. Participants are required to attend and participate for the duration of the remote training for credit. Attendees who complete the training attendance requirements will be able to view and print their Completion/CEU Certificate from the Transcripts tab in Placer Learns within two weeks of the training date. Please note the number of course credits does not include the time allotted for registration and breaks. **Attendees not present and accounted for will not be given credit. Partial credit is not offered.**

## Feedback:

A training evaluation and demographic survey will be available electronically. Attendees are encouraged to review the training’s learning objectives and goals to provide feedback upon completion of the course. Additional feedback or grievances may be forwarded to the Workforce Education and Training Coordinator at (530) 889-7222.

