

Personality Disorders in Children and Adolescents with Dr. Greg Lester
Outline: February 2, 2023

1. Errors of Traditional Understanding of the Onset of Personality Disorders
 - a. Assumptions About Personality
 - b. Assumptions About Families
2. Current Understanding of the Age of Onset and the Prevalence
 - a. Age at Which Observable
 - b. Frequency of Personality Disorders in Children and Adolescents
3. The Reasons for Reluctance to Diagnose Personality Disorders in Children
4. When Personality Disorders in Children are Most Observable
 - a. Demands
 - b. Competition
 - c. Transitions
 - d. Unstructure
 - e. Environment
5. Diagnostic Elements Specific to Children and Adolescents
 - a. General Elements
 - b. Elements Specific to Each Subtype
6. Effectively Working with Children and Adolescents with Personality Disorders 1: Family Types
 - a. Working with Personality Disorder in Families
 - b. Working with “Personality Disordered” Families
7. Effectively Working with Children and Adolescents with Personality Disorders 2: Family Work
 - a. Patterns – Interrupt/Diminish/Create
 - b. The Issue of Reciprocity
 - c. Excesses
 - d. Deficiencies
 - e. Intermittent Reinforcement
 - f. Problem-Solving
8. Effectively Working with Children and Adolescents with Personality Disorders 3: Child Work
 - a. Similarity to Working with Adults
 - b. Difference from Working with Adults
 - c. Relentless Focus
 - d. Separating Internal and External
 - e. Reframing Patterns
 - f. Non pejorative Explanations of Others