The Nurtured Heart Approach®
for Social Work

Nuts and Bolts for Providers: Introduction and Refresher

Training Description

This full-day course is designed for social workers and those in similar fields interested in using the Nurtured Heart Approach (NHA®). Participants will learn how to implement a higher level of NHA in a social work setting and will discover how to apply NHA to themselves. This training will explore the individual, small group and family support environment setting to improve overall client/ social work climate. Participants will also learn how NHA fits with systems of support within their work. Practical ideas and tools for implementation to move toward success with NHA will be shared including participation in Greatness Kids Initiative activities for use with families.

Learning Objectives

Participants will be able to:

- Communicate three foundational principals and standards of NHA applicable to children and adults;
- Apply three aspects of the NHA approach with fidelity in their work and personal environment;
- Apply three principles of the NHA into their practice in different settings – home, education, and therapeutic; and
- Demonstrate two practical applications during practice with the Greatness Kids Initiative.

Continuing Education

This course meets the qualifications for six and a half (6.5) hours of continuing education credit for MFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences. Placer County Systems of Care CAMFT -approved Continuing Education Provider #041035. SOC maintains responsibility for this course and its content.

About the Instructor

Celeste Elsey, M.A. Special Education, has been an Advanced Trainer in the Nurtured Heart Approach® (NHA) for the past 14 years. She has trained parents, caregivers, therapists, social workers and educators across the United States. Celeste leads Greatness Kids Initiative groups, teaching youth how to use NHA in their own lives. She has recently authored a book to share Greatness Kids Activities with anyone supporting youth. Celeste is motivated to promote NHA through her love of public speaking, supporting others to make a positive difference in the lives of children and to ensure that all children feel seen. Celeste's background in education includes teaching special education in middle school, alternative education in middle school and high school as well being an instructional coach for teachers at all grade levels. Celeste was honored with the Teacher Who Makes A Difference award in 2010 and the Placer County Certificated Employee of the Year 2021. She has recently retired from teaching as a special education teacher in a K-8 setting. She and her husband Joe reside in Florida, have raised three boys, have three grandchildren and use NHA in all aspects of their lives.

Training Date: April 19, 2023
Time: 9:00am-5:00pm
Location: *Remote*

Registration is available in Placer Learns

Placer County Employees: Learning Zone
External Users Link: *Placer Learns*

If you need a Placer Learns account, submit your request at the External Users Login Page.

A Zoom link will be provided to all registered participants prior to the training start date. If you need assistance with registration, please email: PlacerLearnsSOCadmin@placer.ca.gov

For accessibility requests (e.g. ADA access), special needs, questions and/or to provide feedback, please contact Placer County designee, SOC Placer Learns Administrator at:
PlacerLearns-SOCadmin@placer.ca.gov

Fee:

This training is ***free and open to the public.*** Registration is available in Placer Learns 6-8 weeks prior to training start date.

- All External Users (anyone not employed by Placer County) will need to log into their Placer Learns External User account, or go the Placer Learns External User log-in page to request a new account.
- Placer County employees can access Placer Learns through the Learning Zone on their MyPlacer.

Cancellation Policy:

Due to this training being offered at no cost and most of our trainings often taking a waitlist, we ask that you withdraw from this training via your Placer Learns account if you are not going to attend. If you require any assistance in withdrawing, you may contact a Placer Learns Department Administrator at PlacerLearns-SOCadmin@placer.ca.gov.

Target Audience:

Nurtured Heart for Providers: Nuts and Bolts Introduction and Deeper Dive trainings are designed for therapists, caregivers, teachers and adults who impact the lives of children. These trainings outline specific methods to engage with children in a way that will help them navigate around defensiveness and negative self-esteem.

Schedule:

Registration will begin 15 minutes prior to start of the training time listed on the flyer. There will be a one hour break for lunch and two additional 15-minute breaks at the trainer's discretion.

Course Certificates and CEUs

Attendance for this remote training will be closely monitored by an administrator. Participants are required to attend and participate for the duration of the training for credit. Attendees who complete the training attendance requirements will be able to view and print their Completion/CEU Certificate from the Transcripts tab in Placer Learns within two weeks of the training date. Please note the number of course credits does not include the time allotted for registering, taking lunch, or other breaks. Attendees not present and accounted for will not receive credit. Partial credit is not offered.

Feedback:

Attendees are encouraged to provide feedback upon completion of the course. We will provide a Survey Monkey link for participants to provide training evaluation feedback and demographic information electronically. Additional feedback or grievances may be forwarded to the Workforce Education and Training Coordinator at (530) 889-7222.