Aging and Personality Disorders

With Dr. Greg Lester

Training Overview

For many years, the course of personality disorders into older age has been controversial. There were theories that personalities "burn out" and resolve in mid-life, so there is not much personality disordered functioning older life. Then there were theories that personality disorders are chronic, pervasive, and permanent, and that they extended throughout the entire lifespan. Beginning in the early 2000s, research began on the life -course of personality disorders and revealed that their course through aging is more varied than previously believed. Data now shows which disorders persist into old age, which "cluster" becomes more prominent in aging, and reveals methods to predict which disorders get better, which get worse, and which continue consistently. In addition, studies have identified which intervention methods are most appropriate during aging.

Learning Objectives

Participants will be able to:

- Identify four reasons why Personality Disorders are overlooked and underdiagnosed in aging populations.
- Describe three significant elements that affect diagnosing personality disorders in aging populations.
- Identify three methods of recovery in aging populations.
- Describe three shifts in interventions required when dealing with personality disorders in aging populations.
- Implement three intervention techniques that are unique to personality disorders in aging populations.

Continuing Education

This course meets the qualifications for three (3) continuing education credit for MFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences. Placer County Systems of Care CAMFT-approved Continuing Education Provider #041035. Provider approved by the California Board of Registered Nursing Provider #10384 for three (3) continuing education contact hours. Placer SOC maintains responsibility for this course and its content.

About the Instructor

GREGORY W. LESTER, PhD, is a clinical and consulting psychologist with practices in Texas and Colorado. Dr. Lester is widely considered to have trained more professionals on the topic of personality disorders than any other individual, with more than 125,000 professionals attending his trainings in 130 cities across the U.S., Canada, and Australia. He is the author and presenter of the largest attended and longest running seminar on personality disorders, and his office served as one of the first research sites for the development of the proposed revision for the Personality Disorders section of the DSM-5. Dr. Lester's work has been widely published and has appeared in publications including The Journal of the American Medical Association, The Western Journal of Medicine, The Journal of Marriage and Family Therapy, and The Journal of Behavior Therapy. Dr. Lester consults with health care companies, social service agencies, and has served as a special consultant to the United States Department of Justice. Due to his innovative and practical approaches to the most difficult cases, he is in extremely high demand as a speaker and trainer and is often cited as a voice of authority in his field.

Training Date and Time

February 2, 2023
1:00pm-4:30pm

Location

Rocklin Event Center
2650 Sunset Blvd., Rocklin 95677

Registration is available in Placer Learns

For accessibility requests (e.g. ADA access), special needs, questions and/or to provide feedback, please contact Placer County designee, SOC Placer Learns Administrator at: PlacerLearns-SOCadmin@placer.ca.gov

Fee:

This training is ***free and open to the public.*** Registration is available in Placer Learns.

- Placer County Employees access Placer Learns through the Learning Zone on their MyPlacer.
- External Users (non-county employees) can register through the Placer Learns External Users Log In page.

Cancellation Policy:

Due to this training being offered at no cost and most of our trainings often taking a waitlist, we ask that you withdraw from this training via your Placer Learns account if you are not going to attend. If you require any assistance in withdrawing, you may contact a Placer Learns Department Administrator at PlacerLearns-SOCadmin@placer.ca.gov.

Target Audience:

Personality Disorders trainings are intended for mental health professionals, counselors , therapists, medical staff, and clinical supervisors working in the treatment of mental health disorders. These trainings may also be valuable and of interest for law enforcement, educators, and families affected by personality-disordered individuals. Trainings related to specialized populations such as children, teens , and aging populations are suggested for anyone dealing with those specific populations.

Schedule:

Registration will begin 15 minutes prior to start of the training time listed on the flyer. Two breaks will be offered, one in the morning and one in the afternoon at the trainer's discretion. Lunch will be one hour and on your own, tentatively from 12:00-1:00pm. The training will end promptly at 4:30 pm.

Course Certificates and CEUs

Attendees are required to sign in upon their arrival and sign out at the completion of the training. Attendees will be able to view and print their completion/CEU certificate from the Transcripts tab in Placer Learns approximately two weeks of the training date. Please note the number of course credits does not include the time allotted for registering, taking lunch, or other breaks. **Attendees who fail to sign out will not be given credit. Partial credit is not offered.**

Feedback:

Attendees are encouraged to provide feedback upon completion of the course. We will provide a Survey Monkey link for participants to provide training evaluation feedback and demographic information electronically. Additional feedback or grievances may be forwarded to the Workforce Education and Training Coordinator at (530) 889-7222.