

Youth Resources

- Sierra Community House (Tahoe area)
 - o Rent
 - o Utilities
 - o FA
 - o Referral Counseling
 - o Parent support classes
 - o Peer to peer support
 - o Transportation assistance
- AMI Housing
- Project Go – utility assistance
- Sierra Native Alliance – sometimes have rental/utility assistance
- 211/Connecting Point
 - o Resource Navigation
 - o Housing/Coordinated Entry
 - o Bullying & Hate Crime Resource
- Family Stabilization Program
- Business Advantage Network (Placer County)
- CalWorks
- Golden Sierra Life Skills
 - o Father & Family Center
 - o Employment Resources
 - o Restore - expulsion avoidance program
- KidsFirst
- Lighthouse
 - o Counseling (bilingual)
 - o Resource center/navigation
 - o Free diapers
- LLC/Entre Amigos Program
- CalBenefits
- Student assistance/wellness centers @ schools
- Granite Wellness youth Program in schools
- Gateway Mountain Center
- NAMI
- Family Resource Centers
 - o Lighthouse
 - o KidsFirst
 - o Father & Family Resource Center
- PCSO Activities League
- Faith Groups
- Child Advocates
 - o Language assistance
 - o Document translation
 - o Tues & Thurs at Methodist Church
- Food Banks
- Placer Community Foundation – scholarship program for non college students
- Salvation Army
- Chapa-De Indian Health health services + navigation support
- The family's existing resources & family

Older Adult Resources

- Grief Support Groups
- Ride Sharing
- Medi-Cal Transportation Options
- Seniors First
- PIRS
- Agency on Aging Area 4
- SAGE LGBTQ+ Group – elder resources
- 211
- Placer County Adult Protective Services
- Walmart Employee Assistance Program (EAP)
- Roseville Adult School
- Salvation Army
- Granite Wellness
- Golden Sierra
- Adult System of Care (ASOC)
- Churches
- Placer People of Faith Together
- Placer Pride > Prism Q/PFLAG
- AMI
 - o Peer Program
 - o Family Support Specialist to reach out to daughter
- Wellness Center at Cirby Hills
 - o Group coming for grief/loss
 - o Also peer counselors who can meet individually to provide support
- Beautiful Minds > Senior Peer Counseling Program

Misc. Announcements

- Lighthouse
 - o NO wait list for counseling at Lighthouse if can come before 2 PM (afternoons/evenings have wait list)
 - o 75K diaper donation
- Father & Family Center is open Saturdays & Sunday – available for folks who work during the week