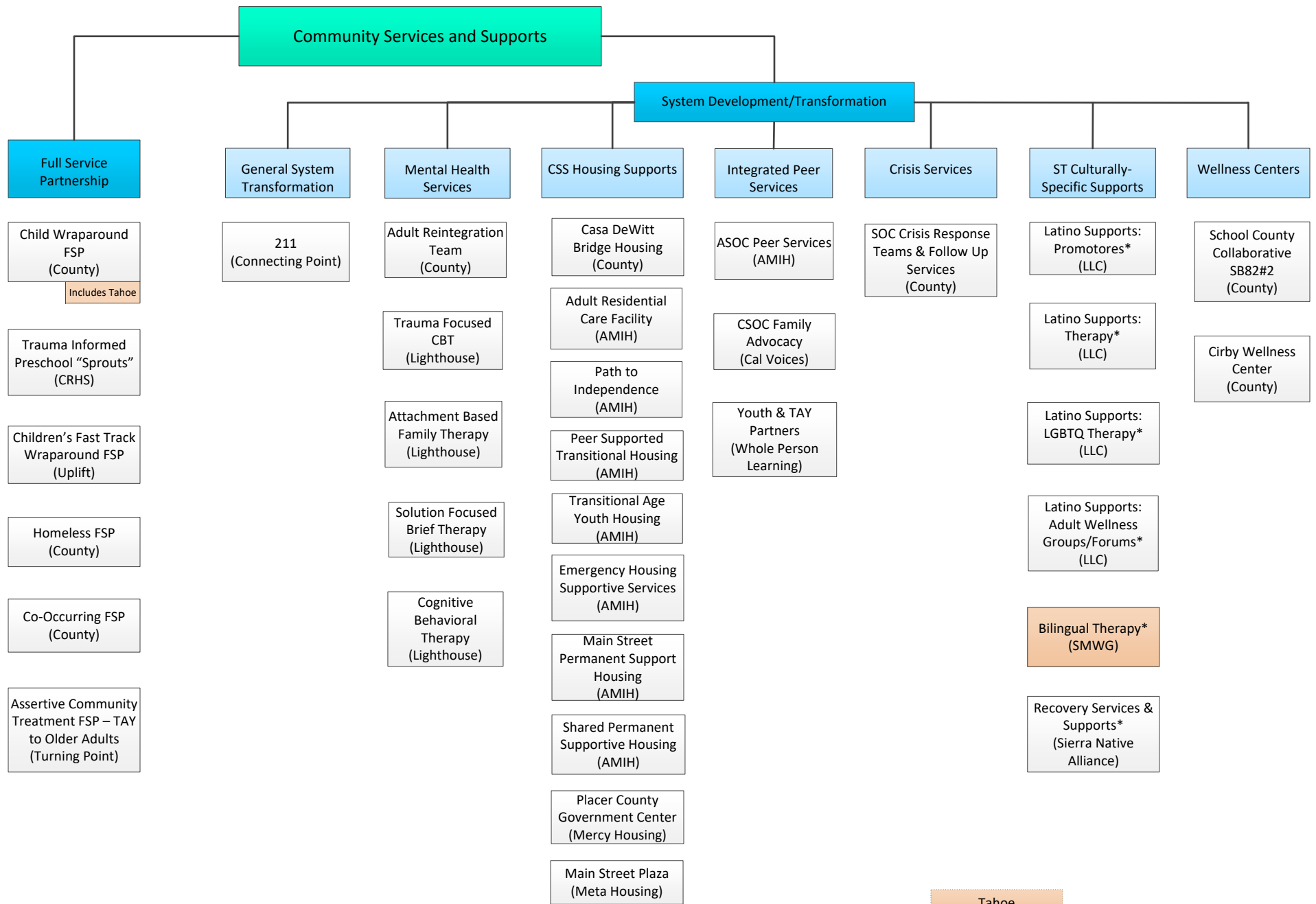


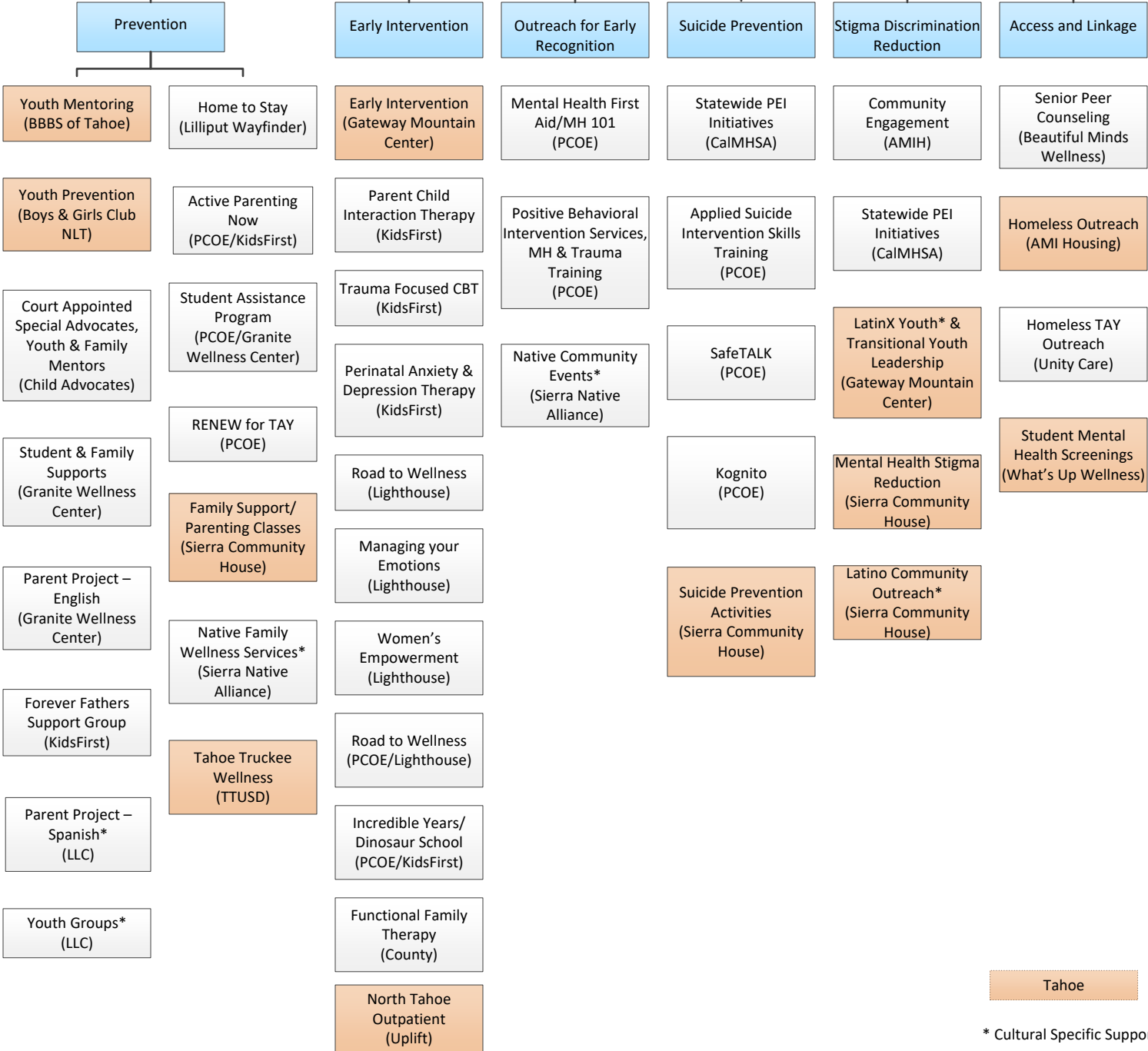
Placer County MHSA Programs & Activities FY2022-2023



Tahoe

* Cultural Specific Supports

Prevention and Early Intervention



Workforce, Education & Training

- Coordination & Implementation
- Consumer & Staff Development
- Leadership Development
- Placer Learns
- Outreach/Career Tracks
- Recruitment Retention
- Internships
- Statewide WET Grant

Capital Facility/ Technology Needs

- EHR Enhancements & IT Upgrades
- County BH Facility Renovations

Tahoe

* Cultural Specific Supports

MHSA Component:

CSS: Community Services & Supports

PEI: Prevention & Early Intervention

Program Name (in Red) and associated

WET: Workforce Education & Training

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INN: Innovation

County	Activities		Program and Activity Descriptions	Website	Contact Information
Community Services & Supports (CSS)					
Placer	Full Service Partnership Program	CSS	The Full-Service Partnership (FSP) program provides a full range of individualized mental health and supportive services for children ages 0-15, Transition Age Youth (TAY) ages 16-25, adults ages 26-59 and older adults ages 65 and older. It consists of a broad range of voluntary supports and services to accelerate recovery for individuals (and sometimes their families) using a "whatever-it-takes" commitment. All services provide 24/7 support as required by regulation. Program Activities are listed below:	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	MHSA Coordinator (530) 889-7222
Placer	Wraparound Children's System of Care (CSOC)	CSS	Wraparound services to include children (17 years and under) with severe emotional disorders eligible for County Mental Health Services.	https://www.placer.ca.gov/2052/Childrens-Mental-Health-Services	Children's System of Care: (530) 886-5400
Placer	Trauma Informed Preschool "Sprouts Program" (Sacramento Children's Receiving Home)	CSS	Site-based daily therapeutic classroom services, team discussion and planning, adjunctive therapies, coordination and linkages with sustainable community services to children ages 3 to 6 and collateral services to their families.	https://www.placer.ca.gov/2052/Childrens-Mental-Health-Services	Children's System of Care: (530) 886-5400
Placer	Fast Track Wraparound FSP (Uplift Family Services)	CSS	Intensive in-home, short-term wraparound to children (17 and under) with severe emotional disorders and require limited assistance for family basic needs	https://www.placer.ca.gov/2052/Childrens-Mental-Health-Services	Children's System of Care: (530) 886-5400
Placer	Adult Homeless Outreach Program FSP (ASOC)	CSS	Serves TAY (18-25), Adults, and Older Adults with a severe and chronic mental illness who are homeless or at risk of homelessness. Homeless outreach is done in hospitals, jails, homeless camps, homeless shelters, and psychiatric hospitals to link adults with services such as mental health, alcohol/drug treatment, income, and housing. It provides a "Whatever it Takes," 24/7 approach to assist people in their Recovery.	https://www.placer.ca.gov/2166/Mental-Health-Services	Adult System of Care: (530) 889-7240
Placer	Co-Occurring Adult System of Care (ASOC)	CSS	Provides outreach, engagement, and enrollment into Full Service Partnership (FSP) case management services for TAY, adults, and older adults with Severe Mental Illnesses (SMI) who also have Co-Occurring Substance Use Disorders in unserved populations or high utilizing populations of emergency and crisis services. Support is 24/7 with a "whatever it takes" philosophy to engage clients into ongoing and sustained treatment. Priority is given to clients who are at risk of psychiatric hospitalization, homelessness, and emergency room utilization.	https://www.placer.ca.gov/2166/Mental-Health-Services	Adult System of Care: (530) 889-7240
Placer	Assertive Community Treatment FSP (Turning Point)	CSS	Serves TAY (16+), adults, and older adults with severe mental illnesses (SMI) who require a higher intensity service. Priority is given to unserved or in appropriately served clients who are at risk of psychiatric hospitalization, homelessness, and those ready to exit psychiatric health facilities, psychiatric hospitals, IMDs, or jail.	https://www.tpcp.org/programs/coloma-center/	Turning Point Roseville and Auburn (916) 786-3750
Placer	General System Transformation Program	CSS	The CSS General System Development Program involves activities to support the general population and provides information on accessing services in the community, across the continuum of care. Program Activities are listed below:	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	MHSA Coordinator (530) 889-7222

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Placer	211 Resource Line (Connecting Point)	CSS	2-1-1 is a resource and information phone hub that connects people with community, health, and disaster services through a free, 24/7, confidential phone service and searchable online database. This program offers assistance in multiple languages, and is accessible to people with disabilities. Trained information and referral specialists give personalized attention to each caller. Specialists can refer callers to a variety of services to best meet their needs.	http://211placer.org/	Dial 2-1-1 or 1-833-DIAL211
Placer	Mental Health Services Program	CSS	The CSS Mental Health Services Program helps to reduce prolonged suffering that may result from an untreated mental illness by treating symptoms early in their emergence or to provide services to bring about mental health improvement and related functional outcomes for individuals and members of groups or populations who are at risk of developing a serious mental illness. Mental Health Services are short-term (not to exceed 18 months), trauma focused, culturally relevant, linguistically appropriate, recovery oriented, and client/family centered. Services utilize evidence-based, promising practices, and/or cultural (community) relevant practice. Services are available to any or all of the following groups: child(ren), youth, young adults, adults, older adults, and families who are at risk of, or experiencing, early onset of mental illness. Services may include assessment; treatment planning; individual, family, and/or group therapy; and collateral. Group therapy is the preferred mode of service and may include individual or family, as needed. Program Activities are listed below:	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	MHSA Coordinator (530) 889-7222
Placer	Adult Reintegration Team (ASOC)	CSS	Services to Placer County residents who are placed in locked facilities outside the county. They develop treatments plans and provide support services to assist people moving to lower levels of care. Many of these individuals will need Full Service Partnerships to be successful.	https://www.placer.ca.gov/2166/Mental-Health-Services	Adult System of Care: (530) 889-7240
Placer	Attachment Based Family Therapy (ABFT) (Lighthouse)	CSS	ABFT is a treatment for adolescents, ages 12-18, designed to treat clinically diagnosed major depressive disorder, eliminate suicidal ideation, and reduce dispositional anxiety. ABFT is short term, approximately 12-16 weekly sessions, and aims to strengthen or repair parent-adolescent attachment bonds and improve family communication. As the normative secure base is restored, parents become a resource to help the adolescent cope with stress, experience competency, and explore autonomy.	https://lighthousefrc.org/services/	Lighthouse: (916) 645-3300
Placer	Solution Focused Brief Therapy (Lighthouse)	CSS	Solution-Focused Brief Therapy (SFBT), includes Couples Counseling (SFBT, Gottman Method) is an evidenced-based approach to psychotherapy. It is one of the few approaches in psychotherapy that began as "evidenced-based" versus "theory-driven." SFBT suggests that one does not need to understand the problem to resolve it, and that solutions may not be directly related to a problem. The primary focus is on the individual's strengths and resources.	https://lighthousefrc.org/services/	Lighthouse: (916) 645-3300
Placer	Cognitive Behavioral Therapy (Lighthouse)	CSS	Cognitive Behavioral Therapy (CBT), which includes Domestic Violence Therapy (post-crisis), is an evidenced-based, goal-oriented psychotherapy treatment that takes a hands-on practical approach to problem solving. The goal is to change patterns of thinking, or behavior, that are at times hidden behind the individual's difficulties, ultimately changing the way they feel. CBT works by altering attitudes and behaviors by focusing on the thoughts, images, beliefs, and attitudes that are held and how these processes relate to the way a person behaves and thinks.	https://lighthousefrc.org/services/	Lighthouse: (916) 645-3300

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Placer	CSS Housing Supports Program	CSS	The CSS Housing Supports Program incorporates a continuum of new housing units: short-term and permanent, supportive services, and rental subsidies throughout the county for those individuals with mental health challenges. The combined inventory from MHSA housing projects, both existing and proposed, provides 127-140 beds. Proposed projects are vetted through a community process, while maintaining necessary confidentiality and county requirements. Program Activities are listed below:	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	MHSA Coordinator (530) 889-7222
Placer	Casa Dewitt Bridge Housing (ASOC)	CSS	The Casa Dewitt Bridge Housing is an evidenced-based housing model geared towards providing short-term housing to individuals awaiting permanent housing placement. This is an extension of the Board and Care model in that the residents receive supportive services. The Bridge Housing model supports Housing First. It provides a safe, clean, and sober supportive environment to its residents who are vouchered for permanent housing or are waiting for housing placement. It minimizes the barriers of homelessness by allowing the residents access to food, showers, and stability. The length of stay for this model normally does not exceed 90 days. In addition to Bridge Housing, Casa Dewitt provides transitional housing services to 50% of the participants. Participants under the transitional housing services can stay up to 24 months.	https://www.placer.ca.gov/2568/Housing-Programs	Adult System of Care (530) 889-7263
Placer	Adult Residential Care Facility (AMI Housing)	CSS	This housing opportunity will provide 24-hour non-medical care for 10-15 individuals ages 18-59 who are unable to provide for their own basic needs due to a mental disability. These are highly vulnerable individuals often from acute psychiatric facilities. A Request for Proposal (RFP) was released to the community in January 2020 and AMI Housing was awarded as the contractor to own and operate the facility. The project is receiving funding from the Homeless Emergency Aid Program Grant towards purchase of the facility. MHSA funds will be utilized to augment dollars for purchase, rehabilitation, and/or program.	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	AMIH: (530) 878-5088 or Adult System of Care (530) 889-7263
Placer	Path to Independence - Advocate for Mentally Ill Housing (AMIH)	CSS	Provides support services to consumers in the AMIH/ASOC Housing Collaborative. These services provide ASOC consumers with the ability to live in an environment of support while developing skills for more independent living in the community.	https://www.placer.ca.gov/2568/Housing-Programs	AMIH: (530) 878-5088 or Adult System of Care (530) 889-7263
Placer	Peer Supported Transitional Housing (PSTH) - Advocates for Mentally Ill Housing (AMIH)	CSS	Peer Counselors to support the PSTH program. Peer Counselors use their own personal lived mental health experience to guide and support residents towards independent living.	https://www.placer.ca.gov/2568/Housing-Programs	AMIH: (530) 878-5088 or Adult System of Care (530) 889-7263
Placer	Transitional Age Youth Housing - Advocates for Mentally Ill Housing (AMIH)	CSS	AMIH's Transitional Age Youth (TAY) Housing known as George's House, is an 18-month transitional housing program, and is a collaboration between AMI Housing, Inc. (AMIH) and Turning Point Community Programs (TPCP). Located in Rocklin, the program is designed to meet the housing needs of TAY who are receiving services through a Full-Service Partnership (FSP) program with either TPCP or the Placer County Adult System of Care (ASOC). This residential program offers a transitional group living home with a live-in resident house manager.	https://www.placer.ca.gov/2568/Housing-Programs	AMIH: (530) 878-5088 or Adult System of Care (530) 889-7263
Placer	Emergency Housing Supportive Services - Advocates for Mentally Ill Housing (AMIH)	CSS	Provides ASOC consumers with emergency short term housing typically lasting up to two weeks, but no more than 28 days. Emergency housing residents will be referred by ASOC and will include FSP consumers.	https://www.amihousing.org/programs.html	AMIH: (530) 878-5088

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Placer	Main Street Permanent Supportive Housing - Advocates for Mentally Ill Housing (AMIH)	CSS	Placer County obligated MHSA funds to a 19-unit housing project in the City of Roseville which opened in March 2018 and is now fully leased. AMIH is the owner and property manager. The ASOC, Whole Person Care, and Turning Point Community Programs provide ongoing supportive services to residents. Residents of the housing must have a mental illness and be homeless. Residents pay 30% of their income toward their rent and utilities. The remaining rent is covered by MHSA or Whole Person Care Housing subsidy. In addition, the project accepts vouchers from Housing Urban Development (HUD), Housing Choice, and VASH.	https://www.placer.ca.gov/2568/Housing-Programs	AMIH: (530) 878-5088
Placer	Shared Permanent Supportive Housing - Advocates for Mentally Ill Housing (AMIH)	CSS	The shared permanent supportive housing model includes supportive services and subsidies to make units affordable to residents. Each person has their own bedroom and shares common areas. Residents typically pay 40% of their income toward their rent and utilities. The remaining rent is covered by MHSA subsidies or Housing Urban Development (HUD) vouchers. Residents of these program must have the highest vulnerability on the Coordinated Entry By-Name List and meet MHSA eligibility: a severe and persistent mental illness.	https://www.amihousing.org/programs.html	AMIH: (530) 878-5088
Placer	Bringing Families Home (CSOC)	CSS	Bringing Families Home (BFH) aims to provide housing-related services to families receiving child welfare services (CWS), increase the number of families reunifying, and prevent foster care placement. BFH uses evidence-based housing models and practices, such as Rapid Re-housing, Supportive Housing, and/or subsidies to make rental housing affordable. This housing program incorporates the core components of Housing First. BFH is funded blending state, local, and MHSA dollars.	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	Children's System of Care: (530) 886-5400
Placer	Placer County Government Center (Mercy Housing)	CSS	This housing opportunity with Mercy Housing and Placer County is to develop 79 affordable units at the Dewitt Placer County Government Center in Auburn. This project will utilize No Place Like Home funding, as well as dedicated 20 Housing Choice Vouchers to the project in exchange for dedicating 20 of the units for seriously mentally ill homeless adults. The County has committed to providing the supportive services using Full-Service Partnership (FSP) dollars. Construction began in June of 2020.	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	833-3PLACER or 2-1-1
Placer	Main Street Plaza Apartments (Meta Housing)	CSS; CFTN	This housing opportunity with Meta Housing Corporation and the City of Roseville is the development of 65 affordable housing units and street level retail. One million dollars of Community Services and Supports funds, two hundred and fifty thousand dollars of Capital Facility funds, and the remaining \$96,482 of MHSA Housing One-time Funding was utilized. This is funding 10 one-bedroom units exclusively for MHSA. There will be separate office space for service providers and on-site management. Construction began in May of 2019.	https://www.metahousing.com/location/main-street-plaza-apartments/	Main Street Plaza Apartments Roseville (916) 531-0323
Placer	Integrated Peer Services Program	CSS	The Integrated Peer Services Program utilizes persons with lived experience in the system of care, either through personal experience or as a family member. Peers provide individualized services and supports to help empower, mentor, promote wellness and recovery, and help advocate for the individual to help them achieve their goals. Program Activities are listed below:	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	MHSA Coordinator (530) 889-7222
Placer	Adult System of Care Peer Services (AMI Housing)	CSS	Adult System of Care (ASOC) Peer Services is designed to help bridge and integrate County and community-based resources and expand the partnership between ASOC, individuals with mental health needs, and their families. It assists individuals, families, and ASOC staff in working together and engaging as partners in an integrated approach to meet the needs of consumers. A true Peer Workforce provides viable employment opportunities that leverage the Peer's lived experience to empower, create mutuality, and assist individuals and/or families through the support and information they need to live their best lives.	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	AMIH: (530) 878-5088 or Adult System of Care (530) 889-7263

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Placer	Children's System of Care Family Advocacy (Cal Voices)	CSS	Children's System of Care Family Advocacy is offered by Cal Voices and provides individualized and tailored support, mentoring, and advocacy to parents whose children receive services in the Children's System of Care (CSOC). The Family Advocates provide outreach activities, including role modeling effective personal interactions and behaviors to ensure effective case planning; advocating for and supporting families, so their needs are met; mentoring families to engage with services and improve self-advocacy; educating parents about their rights; helping parents navigate and understand system services and courts; and supporting the development, reconnection, and strength of natural and community supports for families.	https://www.calvoices.org/placer-county	Cal Voices (530) 886-5427 or Children's System of Care: (530) 886-5400
Placer	Youth & TAY Partners (Whole Person Learning)	CSS	Peer support services for youth and Transition Aged Youth. Youth Support Coordinators, who have lived experience in the mental health, child welfare and/or probation systems, work with TAY to accomplish their identified goals as well as utilize their lived experience and the voice of participants to transform system and community services. This includes supporting youth and young adults in finding appropriate placement options and getting their needs met in their placement.	https://www.youthempowermentsupport.com/	Whole Person Learning (530) 886-5461 or Children's System of Care: (530) 886-5400
Placer	Crisis Services Program	CSS	The CSS Crisis Services Program responds to persons in crisis, either in the Emergency Department, or in the community, to help de-escalate the crisis, and develop a safety plan to help resolve the crisis, whenever possible, to reduce the need for hospitalization. Crisis services also follow-up with individual how have had a crisis to help support them to obtain ongoing support, when appropriate. Families are also included in the crisis services, to help identify a support system and help link the individual to needed services. Program Activities are listed below:	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	MHSA Coordinator (530) 889-7222
Placer	System of Care: Crisis Response Team and Follow Up Services (ASOC & CSOC)	CSS	Crisis Response Team (CRT) provides crisis intervention services by being co-located at the Sutter Roseville Medical Center and serves children and adults. The co-location is an innovative approach which allows a timely response for those individuals who require an assessment due to a mental health crisis. Follow Up Services (FUS) provide mental health crisis follow-up services to children and adult individuals who receive a crisis evaluation by SOC crisis staff. FUS are voluntary and are offered to all children and adults who receive crisis services through either CSOC or ASOC.	https://www.placer.ca.gov/5982/County-Mental-Health-Triage-Services	Adult Crisis & Intake 24-Hour Phone Line at 916-787-8860 or 1-888-886-5401 or Children's 24-Hour Hotline at 916-872-6549 or 1-866-293-1940.
Placer	Mobile Crisis Triage (MCT) Services (ASOC)	CSS	Provides mental health crisis assessment and intervention services in the community to any individual, 16 years of age or older requesting services. MCT teams pair a mental health clinician with a mental health Peer Advocate and respond to any area of the community (homes, shelter, parking lot, streets). Services include doing "whatever it takes," to help individuals through their crisis, including follow up interventions within 48 hours of service to ensure those individuals are safe and linked to the appropriate follow up care. Services are available 8:00am-10:00pm M-F and 9:00am-7:00pm Saturdays. Partnerships have been created with 5 law enforcement agencies to receive referrals and to work together until the crisis is resolved. Referrals are also received through the county 24/7 mental health line available to all.	https://www.placer.ca.gov/5982/County-Mental-Health-Triage-Services	Adult Crisis & Intake 24-Hour Phone Line at 916-787-8860 or 1-888-886-5401
Placer	Family Mobile Crisis Team (FMCT)	CSS; SB-82	The Family Mobile Crisis Team (FMCT) program responds to children and youth's mental health and family crises in the community. The response is youth and family focused and trauma sensitive. The more immediate response in the field accelerates the capacity to address the youth and family issues, reduce trauma, and short-term follow-up and case management services can immediately begin the healing process.	https://www.placer.ca.gov/5982/County-Mental-Health-Triage-Services	Children's 24-Hour Hotline at 916-872-6549 or 1-866-293-1940.

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Placer	ST Culturally-Specific Supports Program	CSS	The CSS System Transformation Culturally-Specific Supports Program provides culturally-appropriate services for different communities in the county, including but not limited to Latino; Native American; and Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ). Cultural brokers increase access to services, help navigate the service delivery system, and deliver culturally-relevant services. The recovery services are peer-based and family-centered. Program Activities are listed below:	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	MHSA Coordinator (530) 889-7222
Placer	Latino Supports: Promotores (Latino Leadership Council)	CSS	Latino Cultural Brokers, also known as Promotores, are trained para-professional community brokers providing culturally appropriate services for Latino populations, to assist them in navigating systems and accessing resources. Promotores provide services in English and Spanish and are knowledgeable of the local community and its resources. Promotores work with community partners, County, and service providers to help remove or lessen obstacles Latinos face in accessing services and support.	https://www.latinoleadershipcouncil.org/programs	Latino Leadership Council (530) 333-3283
Placer	Latino Supports: Therapy (Latino Leadership Council)	CSS	Individual and Family Therapy/Treatment is offered to monolingual Spanish-speaking families/individuals for screening and subsequent therapy, as appropriate.	https://www.latinoleadershipcouncil.org/programs	Latino Leadership Council (530) 333-3283
Placer	Latino Supports: LGBTQ Therapy (Latino Leadership Council)	CSS	Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ) Therapy includes services are delivered by LLC, with assistance of The Landing Spot, utilizes bilingual/bicultural therapists to provide therapeutic services and support groups for self-identified Latino/a LGBTQ individuals and their families facing cultural barriers and challenges related to gender identity and sexual orientation.	https://www.latinoleadershipcouncil.org/programs	Latino Leadership Council (530) 333-3283
Placer	Latino Supports: Adult Wellness Groups/Forums (Latino Leadership Council)	CSS	Includes LLC promotores-facilitated weekly groups "Superacion Personal" and peer-to-peer weekly groups "Rincon de las Comadres" to address depression, anxiety, health, etc. for men and women and is delivered in Spanish. LLC also offers four (4) sessions of "Personas de Sabiduria," a community mental health forum delivered in Spanish to Latino adults and allows individuals to share their stories of recovery and resiliency from mental health and substance use disorders. LLC has bilingual, bi-cultural experts lead workshops on various mental health/health issues to help build resiliency and hope for recovery; along with an increased awareness of available supports and services.	https://www.latinoleadershipcouncil.org/programs	Latino Leadership Council (530) 333-3283
Placer	Bilingual Therapy - Tahoe Area (Sierra Mental Wellness Group)	CSS	Individual, family, and group therapy in English and Spanish in North Lake Tahoe and Truckee areas of Placer County as well as education, linkage and support. The target population is Latino monolingual Spanish speaking community members or bilingual children with monolingual Spanish speaking parents	http://www.sierramentalwellness.org/services/	Sierra Mental Wellness Group (Tahoe) (530) 581-4054
Placer	Recovery Services and Supports (Sierra Native Alliance)	CSS	Culturally relevant outreach, education, recovery counseling and relapse prevention support through integrated professional and peer-based services for Native and non-Native participants at risk for mental health and substance abuse disorders.	https://www.sierranativealliance.org/programs/	Sierra Native Alliance (530) 888-8767
Placer	Wellness Centers Program	CSS	The CSS Wellness Center Program creates welcoming environments for children, youth, adults, and older adults to access services, and participate in supportive services to promote wellness and recovery. Children's wellness centers have been developed in several schools, to provide services to students and family members. Adult wellness centers offer activities to develop skills; learn about mental health; meet others to promote recovery; and access computers. Program Activities are listed below:	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	MHSA Coordinator (530) 889-7222

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Placer	School County Collaborative SB82#2	CSS; SB-82	A joint project with a new SB82#2 grant from the Mental Health Service Oversight and Accountability Commission to deepen the existing county-wide education, mental health, child welfare, probation, and community partnerships. Outcomes from this project focus on providing increased and efficient services to students who are at-risk, or are currently experiencing mental health needs, although school-wide and county-wide outcomes will be measured. School-based mental health staff provide a continuum of integrated mental health services in six (6) schools in the Roseville High School District and Roseville City School District. The Mental Health Specialists and Family Liaisons form a team, along with existing school-based mental health professionals (e.g. school counselors, school social workers, school psychologists), to create six (6) school-based Wellness Centers/Campuses to serve students and families at these schools. Services began in August 2019.	https://www.placer.ca.gov/5982/County-Mental-Health-Triage-Services	Children's System of Care: (530) 889-6700
Placer	Dewitt and Cirby Welcome Centers (ASOC)	CSS	Placer County Adult System of Care has two (2) Wellness Centers: Cirby Wellness Center in Roseville and the Dewitt Wellness Center in Auburn. Each Wellness Center provides TAY (18 and older), adults, and older adults with necessary services and supports in a welcoming environment. They offers an array of peer run activities. There are groups offered by professional and paraprofessional staff.	https://www.placer.ca.gov/2166/Mental-Health-Services	Adult Crisis & Intake 24 Hour Phone Line: (888) 886-5401 or General ASOC (530) 889-7240
Prevention & Early Intervention (PEI)					
Placer	Prevention Program	PEI	The Placer County MHSA Prevention program is intended to reduce risk factors for developing a potentially Serious Mental Illness and to build protective factors. Prevention emphasizes strategies to reduce the following negative outcomes that may result from untreated mental illness: suicide; incarcerations; school failure or dropout; unemployment; prolonged suffering; homelessness; and/or removal of children from their homes. Program Activities are listed below:	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	MHSA Coordinator (530) 889-7222
Placer	Youth Mentoring (Big Brother Big Sisters of Northern Sierra)	PEI	By partnering with North Lake Tahoe county agencies, law enforcement, schools and community nonprofits, Big Brothers Big Sisters identifies children at risk of suffering from mental health challenges. These children's home, school and social situations are identified as high stress with the potential to create adverse effects. High risk children are paired with professionally supported one-to-one volunteer mentors to supplement other mental health strategies with regular check-ins. Mentorships reduce risk behaviors and distress in children, and increase resilience, positive behaviors and functioning.	https://www.bbbsns.org/	Big Brothers Big Sisters: (530) 626-1222
Placer	Youth Prevention (Boys and Girls Club of North Lake Tahoe)	PEI	Available to high risk youth in a fun and inviting after-school setting, children learn important coping skills to help them become resilient and healthy, and to form positive relationships with themselves and others. 1)SMART Moves teaches how to build healthy lifestyles and has various internal components. 2) Triple Play: Healthy Habits (Mind) , Body (focus on physical activity), Soul (free time, socialization monitored by staff).	https://www.bgcnlf.org/	Boys and Girls Club: (530) 582-3760
Placer	Court Appointed Special Advocates (CASA) - (Child Advocates of Placer County)	PEI	Advocate for and mentor youth that have been removed from their home due to neglect, abuse, or inability to manage child's behavioral challenges.	https://casaplacer.org/	Child Advocates of Placer County (530) 887-1006

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Placer	Student and Family Supports (Granite Wellness Centers)	PEI	Student and Family Support services focus on Western Placer County youth ages 12-18 who are at greater risk of developing a mental health disorder due to identified substance misuse or dependence, and their families. The program will include assessment and development of individualized wellness plans. Services utilized evidence-based practices, including Motivational Interviewing, Cognitive Behavioral Therapy, Trauma-informed therapy, and Mindfulness Based Substance Abuse Treatment (EBP).	https://www.granitewellness.org/	Granite Wellness Centers Auburn: (530) 885-1961 Roseville: (916) 782-3737
Placer	Parent Project- English (Granite Wellness Centers)	PEI	Parent Project® Is a program that consists of activity-based instruction, support groups, and specific curriculum to address destructive adolescent behaviors. These behaviors often belie a substance abuse or mental health problem. Parent Project® teaches concrete prevention, identification and intervention strategies to address school attendance/performance, relationships and family dynamics, alcohol and other drug use, violence, and running away.	https://www.granitewellness.org/	Granite Wellness Centers Auburn: (530) 885-1961
Placer	Forever Fathers Support Group (Kids First)	PEI	Evidence-informed intervention group that is co-facilitated by men with support group and therapeutic experiences. The purpose is to learn about and discuss positive father involvement, modeling for children, and other topics that are pertinent to a father who strives to improve himself and his relationships. Using a facilitative approach allows the fathers to interact with each other, build social connections, and gain an overall understanding of available services, programs, and ways to seek additional help (e.g. counseling, basic needs, other parenting classes).	https://www.kidsfirstnow.org/	Kids First Roseville: (916) 774-6802 Auburn: (530) 887-3536
Placer	Parent Project - Spanish (Latino Leadership Council)	PEI	Parent Project® is a program that consists of activity-based instruction, support groups, and specific curriculum to address destructive adolescent behaviors. These behaviors often belie a substance abuse or mental health problem. Parent Project® teaches concrete prevention, identification and intervention strategies to address school attendance/performance, relationships and family dynamics, alcohol and other drug use, violence, and running away.	https://www.latinoleadershipcouncil.org/programs	Latino Leadership Council (530) 333-3283
Placer	Youth Groups (Latino Leadership Council)	PEI	Includes programs and activities designed to decrease negative outcomes for Latino youth, related to risk of mental illness or mental illness symptoms. YEAGA and Peace 4 the Streets provide individual youth mentorship and leadership groups to promote positive cultural connections to assist Latino youth in developing resiliency. Latino Youth - Male & female youth groups to address depression, cultural stressors, discrimination outside and internal to Latino communities, challenges related to biculturalism, education achievement gaps, and violence. Collaboration with Auburn Hip Hop Congress/Arts Action Academy to provide weekly writing and reciting classes and with local school districts and/or community colleges to organize Latino Prep Education Summits.	https://www.latinoleadershipcouncil.org/programs	Latino Leadership Council (530) 333-3283
Placer	Home to Stay (Lilliput Wayfinder)	PEI	Provides a home-based therapeutic parenting program that utilizes parent coaching, with a focus on integrating skills into daily family life. This program is intended to provide prevention services for birth and kinship families whose children are at-risk for out-of-home placement and to reduce risk factors and/or increase protective factors that lead to improved mental health and emotional functioning. The Home to Stay primarily services the underserved population of birth and kinship families.	https://www.lilliput.org/	Lilliput Wayfinder (530) 722-2233
Placer	Active Parenting Now (APN) - (Kids First and Placer County Office of Education)	PEI	School-Based Services: APN empowers participants, teaching parenting skills to address sensitive issues such as drug abuse, sexual activity, self-harm, and violence. APN is a video-based, interactive learning experience featuring group discussion and practice activities. Four (4) six-week session of APN are delivered, each lasting 1.5-2 hours per week, with up to 20 parents per session.	https://www.kidsfirstnow.org/	Kids First Roseville: (916) 774-6802 Auburn: (530) 887-3536

MHSA Component:

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Placer	Triple P Parenting (Kids First and Placer County Office of Education)	PEI	School-Based Services: Triple P Parenting is designed to promote healthy families through an increased knowledge of child development and social and emotional competency. This evidenced-based program provides parents with the necessary tools to manage behaviors using positive parenting techniques. Triple P Parenting classes last 1.5-2 hours per week, with up to 20 parents per session.	https://www.kidsfirstnow.org/	Kids First Roseville: (916) 774-6802 Auburn: (530) 887-3536
Placer	Student Assistance Program (SAP) - (Granite Wellness Centers and Placer County Office of Education)	PEI	School-Based Services: SAP is designed to support schools with a resource for students who have a first-time offense for possession or being under the influence of a substance (e.g., alcohol, marijuana, etc.). This is an early intervention for a population that is vulnerable to behavioral health problems. SAP is a substance abuse prevention and diversion program that establishes specific goals around the prevention and education of substance use among students, and the development of protective factors to improve student behavioral health. SAP is an eight (8) week program, which may be used in lieu of suspension or expulsion or for at-risk students, in participating schools.	https://www.granitewellness.org/	Granite Wellness Centers Auburn: (530) 885-1961 Roseville: (916) 782-3737
Placer	RENEW for TAY - (Placer County Office of Education)	PEI	Resilience, Empowerment, and Natural Supports for Education and Work (RENEW) is a model that efficiently guides participants and their facilitator to create a comprehensive plan which connects supports in the domains of mental health, education, and employment. This "all-in-one" plan will include goals that are defined by the Transition Age Youth (TAY) participants and forms a team of support people around the youth to help reach their goals. This integrated model will focus on supporting each youth to design and pursue a plan for the transition from school to adult life.	https://www.placercoe.org/Pages/PCOE/Educational-Services/Prevention-Supports-and-Services/Youth-Employment-Services.aspx	PCOE (530) 889-8020
Placer	Family Support/Parenting Classes (Sierra Community House)	PEI	Family Support/Parenting Classes help strengthen protective factors in local families by providing play groups, support groups and classes aimed at decreasing family isolation, fostering development of peer networks, and building skills and confidence in parents. Classes may include Parent Project®, Loving Solutions®, The Incredible Years, Parent Café, Family Room, and/or other programs, depending upon the needs of the community.	https://sierracommunityhouse.org/our-services/family-support-engagement/	Sierra Community House - Kings Beach (530) 546-0952
Placer	Native Family Wellness Services (Sierra Native Alliance)	PEI	Culturally relevant parent education and support services developed by the National Indian Child Welfare Association (NICWA), White Bison, and Native Wellness Institute. Families of Tradition monthly education nights co-facilitated by Behavioral Health Counselors and Peer Support Specialists to assist families recovering from patterns of substance use, community violence, and intergenerational trauma by reinforcing positive parenting values and building supportive peer relationships. Individual wellness education and case management services shall also be provided to address basic needs. Positive Indian Parenting (PIP) develops skills to help build resiliency and prevent negative mental health outcomes for Native American children. PIP group and individual sessions shall be offered at least four (4) times in the fiscal year. Each session shall run for 10 weeks. Native Youth Services and Supports are designed to build youth resiliency through native community focus groups utilizing Wellness Education and Traditional Health activities.	https://www.sierranativealliance.org/programs/	Sierra Native Alliance (530) 888-8767
Placer	Tahoe Truckee Wellness (Tahoe Truckee Unified School District)	PEI	Tahoe Wellness Centers shall provide a single entry point for students to connect to supportive adults and access wellness services at the school. Students will learn relevant skills for improving their well-being and understand how to navigate and access community resources. This project is intended to allow students to access services and supports that address physical, mental and emotional concerns and engage in activities that will increase their resiliency and overall well-being.	https://www.ttusd.org/Page/182	TTUSD: (530) 582-2500

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Placer	Early Intervention Program	PEI	The Placer County MHSA Early Intervention program includes treatment and other services to address and promote recovery and related functional outcomes for a mental illness early in its emergence. Early Interventions emphasize strategies to reduce the following negative outcomes that may result from untreated mental illness: suicide, Incarcerations, school failure or dropout, unemployment, prolonged suffering, homelessness, and/or removal of children from their homes. Program Activities are listed below:	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	MHSA Coordinator (530) 889-7222
Placer	Early Intervention (Gateway Mountain Center)	PEI	Therapeutic mentoring programs serves youth in North Tahoe who suffer from symptoms of mental illness, emotional disturbance and substance abuse. Counseling uses real life "treatments" including: deep personal connection, life-enriching experience, exercise, proper nutrition, nature-connection, learning new things, and personal reflection. The program is successful with decreasing risk behaviors and distress, increasing coping and resilience, improving functioning, reducing stigma, and increasing positive behaviors.	https://sierraexperience.org/whole-hearts-mind-and-bodies/	Gateway Mountain Center (530) 426-2110
Placer	Trauma Focused (TF) Cognitive Behavioral Therapy (CBT) - (Kids First)	PEI	Evidence-based practice for caregivers, children, and youth who are experiencing significant emotional and behavioral difficulties related to traumatic life events. TF-CBT provides short-term treatment (approximately 12 weekly sessions) targeted to overcoming specific trauma. To reduce trauma-related symptoms, caregivers, children, and youth are taught skills to help process thoughts and feelings related to traumatic life events. Skills to help manage and resolve distressing thoughts, feelings and behaviors related to trauma are taught. TF-CBT also helps the caregiver improve their coping skills to create a better living environment for the family. TF-CBT is available to youth under the age of 18 and their family members.	https://www.kidsfirstnow.org/	Kids First Roseville: (916) 774-6802 Auburn: (530) 887-3536
Placer	Parent Child Interaction Therapy (Kids First)	PEI	Parent-Child Interaction Therapy (PCIT) is provided through 14-20 weekly sessions, and is designed for parents with children (ages 2-7) who are exhibiting behavioral problems such as aggression, defiance, non-compliance, and temper tantrums. PCIT treatment is provided to the parent and child in two phases - Child-Directed Interaction (CDI) and Parent-Directed Interaction (PDI). During the CDI phase, parents engage their child in play situations, with the goal of restructuring and strengthening the parent-child relationship. During the PDI phase, which is similar to clinical behavior therapy, parents learn to use specific behavior management techniques while playing with their child.	https://www.kidsfirstnow.org/	Kids First Roseville: (916) 774-6802 Auburn: (530) 887-3536
Placer	Perinatal Anxiety & Depression Therapy (Kids First)	PEI	Aims to reduce depression, anxiety, and suicide through culturally- and age-appropriate services, such as screening, assessment, evaluation, resources, and short-term therapy for parents with children, ages 0-5 years, who are experiencing mental health symptoms, early in emergence. These treatment services are strengthened by also providing on-going Support Groups for women, as needed, who have completed counseling and/or those still in counseling who may benefit from additional support.	https://www.kidsfirstnow.org/	Kids First Roseville: (916) 774-6802 Auburn: (530) 887-3536
Placer	Road to Wellness (Lighthouse)	PEI	Road to Wellness group is designed for those ages 12-adult experiencing anxiety, stress, depression, anger, sleep disorders, fatigue, guilt or other feelings affecting their mental health and well-being. Road to Wellness groups are based on Cognitive Behavioral Therapy (CBT) theory and practice. CBT is a form of treatment that focuses on examining the relationships between thoughts, feelings and behaviors. By exploring patterns of thinking that lead to self-destructive action and the beliefs that direct these thoughts, people with mental illness can modify their patterns of thinking to improve coping.	https://lighthousefrc.org/services/	Lighthouse: (916) 645-3300

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Placer	Managing Your Emotions (Lighthouse)	PEI	Psychoeducation groups develop Anger Management and Emotion Regulation skills. For many years, Lighthouse has facilitated this evidence-based group curriculum with significant positive results. Managing Your Emotions is a psychoeducation group designed to help individuals gain the knowledge and skills needed to manage their emotions, not just anger. Participants focus on developing skills in distress tolerance, mindfulness, emotion regulation, and interpersonal effectiveness. MYE groups meet weekly for six weeks each lasting approximately 1½-hours.	https://lighthousefrc.org/services/	Lighthouse: (916) 645-3300
Placer	Women's Empowerment (Lighthouse)	PEI	Assists women in increasing their self-esteem and developing a healthier lifestyle by building a broad-based support system via group sessions. The structured curriculum is derived from Cognitive Behavioral Theory (CBT), Dialectical Behavior Therapy (DBT), Reality Therapy, and Rational Emotive Behavior Therapy (REBT). Guest speakers are utilized to add value to the program. The WE group meets weekly for six weeks with each lasting approximately 1½-hours.	https://lighthousefrc.org/services/	Lighthouse: (916) 645-3300
Placer	Road to Wellness (Placer County Office of Education and Lighthouse)	PEI	School-Based Services: Road to Wellness delivered by Lighthouse Counseling and Family Resource Center, to provide psychoeducation groups based on evidence-based Cognitive Behavioral Therapy (CBT) and is designed for adolescents experiencing anxiety, stress, depression, anger, sleep disorders, fatigue, guilt or other feelings affecting their health and wellbeing. Participants build key coping skills, which help them more deeply explore their patterns of negative thinking that lead to self-destructive actions and subsequently develop more beneficial solutions and outcomes.	https://lighthousefrc.org/services/	Lighthouse: (916) 645-3300
Placer	Incredible Years - Dinosaur School (Placer County Office of Education and Kids First)	PEI	School-Based Services: Incredible Years-Dinosaur School program, delivered by KidsFirst, for children, ages 5 - 8 years old, a program that focuses on promoting positive social, emotional, and problem-solving skills. The program promotes children's non-aggressive behaviors, develops skills to solve common conflicts, strengthens appropriate classroom behaviors, and supports children to do their best in school. It is designed as a classroom prevention program for children demonstrating behavioral problems in the classroom that may hinder them or their classmates. Dinosaur School teaches children self-regulation and positive classroom behavior, enabling them increased success in both social and academic settings.	https://www.kidsfirstnow.org/	Kids First Roseville: (916) 774-6802 Auburn: (530) 887-3536
Placer	Functional Family Therapy (FFT) - Sierra Mental Wellness Group (SMWG)	PEI	FFT is an empirically grounded, well-documented and highly successful family intervention for at-risk and juvenile justice involved youth. The target population is youth ages 11-18 and their families, whose problems range from acting out, conduct disorder and alcohol/substance abuse.	https://www.placer.ca.gov/2052/Childrens-Mental-Health-Services	FFT Supervisor, Children's System of Care (530) 889-6700
Placer	North Tahoe Outpatient (Uplift Family Services)	PEI	Individual, family and/or group therapy for children, youth and transitional aged youth.	https://uplifts.org/service/outpatient-mental-health-services/	Tahoe Behavioral Health (916) 764-0491 or 24-Hour Crisis Line (888) 886-5401
Placer	Outreach for Early Recognition Program	PEI	The Placer County MHSA Outreach for Early Recognition of Mental Illness program encompasses the process of engaging, encouraging, educating, and/or training, and learning from potential responders about ways to recognize and respond effectively to early signs of potentially severe and disabling mental illness. Program Activities are listed below:	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	MHSA Coordinator (530) 889-7222

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Placer	Mental Health First Aid (MHFA) - (Placer County Office of Education)	PEI	Public - Mental Health First Aid (MHFA) is a groundbreaking public education program that helps the public identify, understand, and respond to signs of mental illnesses and substance use disorders. MHFA is an interactive, 8-hour course that presents an overview of mental illness and substance use disorders in the U.S. and introduces participants to risk factors and warning signs of mental health problems, builds understanding of their impact, and provides an overview of common treatments. Participants learn a five-step action plan encompassing the skills, resources and knowledge to help an individual in crisis connect with appropriate professional, peer, social, and self-help care.	https://www.placercoe.org/Pages/PCOE/Educational-Services/Prevention-Supports-and-Services/Student-Mental-Wellness.aspx	PCOE: (530) 889-8020
Placer	Positive Behavioral Intervention and Supports (PBIS), Mental Health & Trauma Training (Placer County Office of Education)	PEI	Support participating schools in developing and implementing a systemic framework for prevention and early intervention for mental wellness called Positive Behavioral Intervention and Supports (PBIS). PBIS will provide the framework to help schools adopt and implement a continuum of evidence-based interventions to achieve positive outcomes for student mental wellness. The PBIS framework will include three tiers of prevention and early intervention strategies. Tier 1 universal prevention strategies include developing student pro-social skills, supporting student strengths, reducing stigma associated with mental health issues, and utilizing data analysis systems to identify students' need for more intensive support. Tier II early intervention focuses on more intensive, small group services to develop pro-social skills and problem solving using research-based practice. Tier III intervention provides the most intensive and often individualized services.	https://www.placercoe.org/Pages/PCOE/Educational-Services/Prevention-Supports-and-Services/Positive-Behavioral-Interventions-and-Supports.aspx	PCOE: (530) 889-8020
Placer	Native Community Events (Sierra Native Alliance)	PEI	Community events that target the Native Community to strengthen resiliency factors.	https://www.sierranativealliance.org/programs/	Sierra Native Alliance (530) 888-8767
Placer	Suicide Prevention Program	PEI	The Placer County MHSA Suicide Prevention program includes activities to prevent suicide as a consequence of mental illness. This program does not focus on or have intended outcomes for specific individuals at risk of or with serious mental illness. Suicide Prevention aims to reduce suicidality for specific individuals at risk of or with early onset of a potentially serious mental illness can be a focus of a Prevention activity. Program Activities are listed below:	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	MHSA Coordinator (530) 889-7222
Placer	Statewide PEI Initiatives (CalMHSA)	PEI	The California Mental Health Services Authority (CalMHSA), a joint powers authority, represents county behavioral health agencies working to improve mental health outcomes for the state's individuals, families, and communities. On behalf of counties, CalMHSA has implemented statewide prevention and early intervention programs since 2011 to reduce negative outcomes for people experiencing mental illness and prevent mental illness from becoming severe and disabling. Knows the Signs is an evidence-based program that is utilized across the state. The Statewide PEI Project accomplishes population-based public health strategies to reach its goals of mental health promotion and mental illness prevention	https://www.suicideispreventable.org/	MHSA Coordinator (530) 889-7222
Placer	Applied Intervention Skills Training (ASIST) - (Placer Office of Education)	PEI	<u>Applied Suicide Intervention Skills Training (ASIST)</u> is a two-day (15 hours) intensive, interactive and practice-dominated workshop designed to help individuals recognize risk and learn how to intervene to prevent the immediate risk of suicide. The goal of ASIST is to enhance a caregiver's abilities to assist a person at risk to avoid suicide.	https://www.placercoe.org/Pages/PCOE/Educational-Services/Prevention-Supports-and-Services/Student-Mental-Wellness.aspx	PCOE: (530) 889-8020

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Placer	SafeTalk (Placer County Office of Education)	PEI	SafeTALK is a three (3) to four (4) hour training that prepares anyone over the age of 15 to identify persons with thoughts of suicide and connect them to suicide first aid resources. As a safeTALK trained suicide alert helpers, individuals will be better able to (1) move beyond common tendencies to miss, dismiss, or avoid suicide; (2) identify people who have thoughts of suicide; and (3) apply the TALK steps (Tell, Ask, Listen, and KeepSafe) to connect a person with suicidal thoughts to suicide intervention caregivers.	https://www.placercoe.org/Pages/PCOE/Educational-Services/Prevention-Supports-and-Services/Student-Mental-Wellness.aspx	PCOE: (530) 889-8020
Placer	Kognito (Placer County Office of Education)	PEI	Kognito offers research-proven training simulations designed to prepare educators, staff, students, physicians, and caregivers to recognize when a student is exhibiting signs of psychological distress and talk to the student, with the goal of connecting them to the appropriate support. In these one-hour online trainings, users enter a virtual environment, assume the role of an educator, and engage in conversations with three emotionally responsive student avatars that exhibit signs of psychological distress, including thoughts of suicide.	https://www.placercoe.org/Pages/PCOE/Educational-Services/Prevention-Supports-and-Services/Student-Mental-Wellness.aspx	PCOE: (530) 889-8020
Placer	Suicide Prevention Activities (Sierra Community House)	PEI	Education, outreach, and strategies that will mobilize the community to provide postvention support after a death by suicide and prevent future suicides. This includes conducting outreach and developing a comprehensive set of strategies to mobilize the Tahoe Truckee community to prevent future suicides. The goal is to create a community free of suicide by offering a variety of mental health trainings, outreach events, postvention support services, data analysis and systems advocacy. This includes holding tabling at community events, distributing Know the Signs coasters at bars, maintaining the SPC website, utilizing ASIST other trainings to the community.	https://sierracommunityhouse.org/our-services/	Sierra Community House - Kings Beach (530) 546-0952
Placer	Stigma & Discrimination Reduction Program	PEI	The Placer County MHSA Stigma and Discrimination Reduction program includes direct activities to reduce negative feelings, attitudes, beliefs, perceptions, stereotypes and/or discrimination related to being diagnosed with a mental illness, having a mental illness, or to seeking mental health services, and to increase acceptance, dignity, inclusion, and equity for individuals with mental illness, and members of their families. Program Activities are listed below:	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	MHSA Coordinator (530) 889-7222
Placer	Community Engagement (AMIH)	PEI	AMIH's Community Engagement activities will implement targeted outreach efforts aimed at reducing negative feelings, attitudes, beliefs, perceptions, stereotypes and/or discrimination related to having a mental illness and/or to seeking mental health service. These outreach activities will increase acceptance, dignity, inclusion, and equity for individuals in the community who are living with mental illness and their families.	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	AMIH: (530) 878-5088
Placer	Statewide PEI Initiatives (CalMHSA)	PEI	Statewide Prevention and Early Intervention (PEI) activities are conducted by California Mental Health Services Authority (CalMHSA) to improve mental health outcomes for the state's individuals, families, and communities. CalMHSA has implemented statewide prevention and early intervention programs since 2011 to reduce negative outcomes for people experiencing mental illness and prevent mental illness from becoming severe and disabling. The Statewide PEI Project accomplishes population-based public health strategies to reach its goals of mental health promotion and mental illness prevention. These activities utilize the evidence-based program Each Mind Matters.	https://www.eachmindmatters.org/	MHSA Coordinator (530) 889-7222

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Placer	Latino Community Outreach (Sierra Community House)	PEI	Spanish-speaking Members of Tahoe Community (Youth and Adults) A year-long series of workshops and support groups to the Latino community building individual, family and community capacity for leadership. This program is a culturally appropriate resource for positive mental health activities and practices, engaging participants to develop their understanding of human development, healthful habits and provide structure and accountability for personal growth. Culturally competent presenters and facilitators for these workshops seek to reduce stigma for clinical mental health services through their presentation and further provide "warm handoffs" to clinical service providers when appropriate.	https://sierracommunityhouse.org/our-services/	Sierra Community House - Kings Beach (530) 546-0952
Placer	LatinX Youth & Transitional Youth Leadership (Gateway Mountain Center)	PEI	LatinX Youth and Transitional Youth Leadership Development activities offered by Gateway Mountain Center in Tahoe are designed to train older transitional age youth to become certified in Mindfulness-Based Substance use Treatment (MBSAT). These youth will provide peer counseling to youth attending North Tahoe High School and will discuss critical teen issues, such as bullying, anxiety, teen dating violence, sexual violence, tolerance, suicidal ideation, depression, non-suicidal self-injury, and media influence. Group awareness activities will be held to decrease stigma around mental health in their school and community.	https://sierraexperience.org/wellness/addiction-recovery/	Gateway Mountain Center (530) 426-2110
Placer	Mental Health Stigma Reduction (Sierra Community House)	PEI	Youth Empowerment Groups will be offered by Sierra Community House in Tahoe to local students to enhance a variety of skills and opportunities. Topics for these groups include creating positive environments and communities, promoting healthy friendships, relationships and choices, increasing positive self-worth, engaging and empowering youth to speak out and model healthy lifestyles, and increasing the understanding of mental health stigmas and how to support others and seek help. Empowerment groups for young men and young women help individuals identify personal strengths and supportive resources and develop new ways of thinking and addressing challenges-both internal and external.	https://sierracommunityhouse.org/our-services/	Sierra Community House - Kings Beach (530) 546-0952
Placer	Latino Community Outreach (Sierra Community House)	PEI	Latino Community Outreach activities in Tahoe will offer workshops, support groups and/or peer support services to offer mental health education and support Latino individuals. Culturally and linguistically appropriate referrals to mental health services will be offered to participants requesting additional help and/or those demonstrating signs or symptoms of needing mental health services. Training Workshops are open to all members of the Tahoe community and are presented in Spanish. The Group Supports program is offered to graduates of the Latino Leadership Groups. The Youth Latino Leadership Support group is open to all Latino Youth, 6-18 years old, in the North Lake Tahoe community. The Promotoras are bi-cultural and bi-lingual paraprofessionals that help connect Latino families to mental health resources and to promote the well-being of the Latino community in the Tahoe/ Truckee region.	https://sierracommunityhouse.org/our-services/	Sierra Community House - Kings Beach (530) 546-0952
Placer	Access and Linkage to Treatment Program	PEI	The Placer County MHSA Access and Linkage to Treatment program includes activities to connect children, TAY, adults, and older adults with severe mental illness, as early in the onset of these conditions as practicable, to medically necessary care and treatment, including, but not limited to, care provided by county mental health programs. Examples include, but are not limited to, activities that focus on screening; assessment; referral; phone help lines; and mobile response. Program Activities are listed below:	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	MHSA Coordinator (530) 889-7222

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Placer	Senior Peer Counseling (Beautiful Minds Wellness)	PEI	Free, short-term, peer support, goal-oriented program for residents who are 55 years and older. Peer Counselors work individually with clients in their home with issues such as family conflict, adjustment to health or living situation, substance use, change in independence level, caregiver stress, situational depression and/or anxiety, access to community resources, grief/loss, loneliness, and other age-related transitional concerns. Peer Counselors are volunteers who bring their life experience and are trained to listen, support, and gently coach the client towards their stated goals.	https://www.placer.ca.gov/2519/Senior-Peer-Counseling-Program	Beautiful Minds Wellness: (530) 883-8466
Placer	Homeless Outreach (Sierra Community House)	PEI	The Homeless Outreach program through Sierra Community House provides a unique and targeted service to the population experiencing homelessness in the Tahoe area. The Outreach Coordinator works with the homeless population to promote safety, facilitate and support change, provide needed supplies, and offer support to educate individuals experiencing homelessness about mental health and substance abuse issues. The coordinator provides information on available resources, refers individuals to treatment, and help link them to treatment services. In addition, individuals are supported to apply for benefits, connect to housing, and employment services.	https://sierracommunityhouse.org/our-services/	Sierra Community House - Kings Beach (530) 546-0952
Placer	Homeless TAY Outreach (Unity Care)	PEI	Homeless TAY Outreach is designed to reach and engage homeless and at-risk of homelessness Transitional Age Youth (TAY) and provide them connections to services for mental health issues, shelter, housing, and other needs that address self-sufficiency. Youth may have a history of systems involvement, such as juvenile probation and/or foster care, as well as risk of mental health and/or substance use disorders.	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	Unity Care: (530) 886-5473
Placer	Student Mental Health Screenings (What's Up Wellness)	PEI	What's Up Wellness provides universal, school-based mental health screenings in the Tahoe Area, which meets the Tier 1 requirements for high school districts. It offers universal screenings to all 9th grade students enrolled at Tahoe Truckee Unified School District (TTUSD), a school district that serves both Placer and Nevada County residents. Case management services are available to youth and their families. What's Up Wellness continues its critical partnerships with TTUSD Wellness Centers, Sierra Community House, Tahoe Truckee Community Collaborative, and other youth-serving organizations to identify urgent needs for youth and their families, working to bridge those gaps with available resources.	http://www.whatsupwellness.com/	What's Up Wellness: (530) 268-5854
Workforce Education & Training (WET)					
Placer	Workforce Education and Training (WET) Coordination and Implementation	WET	The WET Coordinator has responsibility for the coordination of all aspects of the planning and implementation phases. Accountability for ongoing key processes includes attendance at local and statewide stakeholder events; participation in regional meetings and statewide training; and coordination of all tasks related to successful implementation of WET. The funded positions provide staff and support to the WET component and enhance the mental health delivery system within Placer County. An important leadership role for the WET Coordinator is the initiation and maintenance of significant outreach and collaboration to continue to engage diverse communities in planning, implementation, and evaluation of training events.	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	WET Coordinator (530) 889-7222
Placer	Consumer & Staff Development	WET	Provides consumer, staff, and leadership development through training, e-Learning online training, and implementation of evidence-based practices.	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	WET Coordinator (530) 889-7222

MHSA Component:

CSS: Community Services & Supports

PEI: Prevention & Early Intervention

Program Name (in Red) and associated

WET: Workforce Education & Training

CFTN: Capital Facilities & Technology

INN: Innovation

County	Activities		Program and Activity Descriptions	Website	Contact Information
Placer	Leadership Development	WET	Supports developing leadership opportunities for people within the mental health delivery system public and private staff. By joining with community leaders, leadership skills are developed in an environment of diversity and collaboration, such as through trainings and speaking engagements through Speaker's Bureau.	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	WET Coordinator (530) 889-7222
Placer	Placer Learns	WET	Supports accessing e-learning course catalog and customizing courses to meet the specific, diverse needs of the community. Trainings offered will be wellness, recovery, and resiliency oriented.	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	WET Coordinator (530) 889-7222
Placer	Outreach & Enhanced Career Tracks	WET	Coordination of local, central region, and statewide workforce, education and training efforts to promote and distribute marketing information, attending speaking engagements, and job fairs to recruit and retain hard to fill positions.	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	WET Coordinator (530) 889-7222
Placer	Increased Recruitment and Retention Efforts	WET	Administration and distribution of the Mental Health Loan Assumption program, MFT Stipend program, and scholarships/reimbursement to recruit and retain hard to fill positions in Placer County PMHS.	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	WET Coordinator (530) 889-7222
Placer	Internships	WET	Funding available to provide paid internships for master's levels registered interns and/or clinical supervision of registered interns.	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	WET Coordinator (530) 889-7222
Placer	Statewide WET Grant	WET	A one-time 5 year statewide WET grant opportunity will be awarded by OSHPD in September 2020, which will result in WET Regional Partnerships administering programs that oversee training and support in the Public Mental Health System workforce in their region. MHSA Central Regional Partnership will work collaboratively to identify priorities at the local level to address the following components: 1) Pipeline Development; 2) Undergraduate College and University Scholarships; 3) Clinical Master and Doctoral Graduate Education Stipends; 4) Loan Repayment Program; 5) Retention Activities; and 6) Grant Administration.	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	WET Coordinator (530) 889-7222
Capital Facilities & Technology (CFTN)					
Placer	EHR Enhancements and IT Upgrades	CFTN	Placer County is on track to implement enhancements to the Electronic Health Record (Avatar), including restructuring cases from episodes to programs, implementing full electronic health records through document scanning, reconfiguring our Managed Services Organization (MSO) and Authorization processes, implementing a health information exchange, and improving direct access for consumers to better align with best practices. The online MHSA Data Portal will be officially launched in 2020 for electronic data collection of records that are not in Avatar (e.g., PEI, Innovations, System Development, etc.). The new system aims to improve timely data collection, accuracy, and reporting. The goal with continued system enhancement is to continue to improve consumer movement through the system while implementing new technologies. Funding will be required for professional consultation, acquisition of commercial software applications, development of software interfaces, modifications of existing software applications, community-based provider licenses for the MHSA Data Portal, and hardware required to implement this software and strategies.	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	MHSA Coordinator (530) 889-7222

MHSA Component:

CSS: Community Services & Supports

PEI: Prevention & Early Intervention

Program Name (in Red) and associated

WET: Workforce Education & Training

CFTN: Capital Facilities & Technology

INN: Innovation

County	Activities		Program and Activity Descriptions	Website	Contact Information
Placer	County Behavioral Health Facility Renovations	CFTN	The Cirby Hills facility of ASOC in Roseville services the Western edge (and most highly populated area) of the County with integrated services such as: county mental health services, physical health care, co-occurring substance use, mental health emergency care, crisis stabilization services, and wellness supports. ASOC also operates out of the County-owned Dewitt facility in Auburn, and Children's System of Care (CSOC) operates out of the County-owned Sunset building in Rocklin and leased-space at Enterprise in Auburn. Setting aside capital facility funds for the County Behavioral Health service sites allow for the opportunity to improve the client flow, create a more welcoming and engaging experience, and better meet the mental health service needs of the community. Security alerts and light renovations are some of the measures required to better respond to emergent client needs and create a welcoming environment to clients and community.	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	MHSA Coordinator (530) 889-7222
Innovation (INN)					
Placer	MHSA Homeless Integrated Care Coordination and Evaluation (HICCE)	INN	The HICCE builds upon existing infrastructure and organizational programs to create a comprehensive network of care in Placer County to improve services to the homeless and other high-risk individuals; expands and strengthens collaboration and coordination of services across agencies and organizations to promote access, address unmet needs, and improve outcomes; and supports data sharing across diverse entities to create a safety net that meets the complex needs of persons who are homeless and/or have chronic health conditions, utilizes evaluation activities to share outcomes, identify barriers to success, and identify when the system is meeting the needs of complex individuals.	https://www.placer.ca.gov/2179/Mental-Health-Services-Act	MHSA Coordinator (530) 889-7222