



Our mission is to promote wellness and quality of life. Granite Wellness has been saving and improving lives through substance abuse treatment and mental health services since 1974. Growing over the years to meet the needs of the community Granite Wellness now provides a full range of programs in Placer and Nevada Counties. All of our programs have a primary focus on the family system.

GWC Programs in Auburn, Roseville, Lincoln. Grass Valley, Truckee/Tahoe

- Outpatient Center - DUI, IOP, MIR, OP
- Child Development Center
- **Adolescent Services – OP, IOP**
- **Adolescent MHSA– SAP, SFSP, Parent Project**
- Drug Testing
- Residential for adults
- Supportive Housing (multiple locations)
- Community outreach and prevention activities
- Youth Opioid Resiliency Project

Adolescent Outpatient Treatment

- Goal to provide a range of services that support adolescents and their families, including prevention, early intervention, and treatment.
- Screening, assessment and treatment
- School-based services
- Parent Project
- Family education/therapy and support

The Student Assistance Program

- The Student Assistance Program (SAP) is designed to support schools with a resource for students who have a first-time offense for possession or being under the influence, and to increase access for students.
- 8 week (high school) or 5 week (middle schools) evidence-based program delivered on school sites, establishes goals around substance use prevention and education, and the development of protective factors to improve student behavioral health.
- Cost: No cost to schools; funded through PCOE MHSA

Student and Family Support (SFSP)

- **Who:** GWC's Student and Family Support Program (SFSP) offers no-cost resources for Placer County students 12-18 who are at risk of developing a mental health disorder due to identified substance misuse or dependence, and their families.
- **What:** GWC's Student and Family Support program provides **counseling and support at Auburn and Roseville sites** with specialized services that can stabilize family relationships; effectively address substance use; and identify emerging-mental health issues. Following screening, an individual and/or family Wellness Plan will be developed for and with each student and their family. Wellness plans can include multiple strengths-based approaches and may include one or more of these modalities:
 - 1) Individual sessions with an MFT or MFTI (for teen)
 - 2) Family sessions with an MFT or MFTI (brief)
 - 3) Adolescent Groups
 - 4) Parents may be connected to and provided Parent Project

WHY?

- **Nine out of 10 people who meet the clinical criteria for substance use disorders began smoking, drinking or using other drugs before they turned 18.**
- **We have an opportunity to change the lives of teens, support our schools, and in doing so... build a healthier, safer community.**

Contact Information

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