



**safeTALK**

*suicide alertness for everyone*

# SafeTALK Training

## When & Where

Tuesday, January 12, 2022

8:30 AM - 12:00 PM

Check-in @ 8:00 AM

Placer County Office of Education  
Seavey Center  
655 Menlo Drive  
Rocklin, CA 95765

No cost

Register online at:

<https://tinyurl.com/59rmh2ke>

For questions, contact:

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In a unique collaboration,

The Placer County Office of Education,  
Placer County Health and Human Services,  
Roseville Joint Union High School District and  
Kids First, work to improve mental health  
outcomes for individuals, families  
and our community.

These trainings are facilitated by a collaborative  
training team made up of these partners and  
with funding, in part, by the  
County of Placer Mental Health Services Act.



**Learn how you can help someone  
struggling with suicidal thoughts.**

SafeTALK is a suicide alertness workshop that  
prepares you, regardless of prior experience or  
training, to become suicide-alert helper.

### **What you will learn:**

- Recognize indicators of suicidal thoughts  
and feelings.
- Learn how to connect individuals with life-saving  
intervention resources.
- Practice skills in identifying and responding to people  
at immediate risk of suicide.
- Apply the TALK steps: Tell, Ask, Listen, and  
KeepSafe

### **Who should attend:**

This course is appropriate for anyone 15 years and  
older who wants to learn suicide alertness skills.

