

Advanced Motivational Interviewing: Continuing the Journey – Two half-days Remote Training

Training Overview

Motivational Interviewing (MI) is a state-of-the-art, evidence-based communication and counseling approach for guiding clients to make and sustain positive behavior changes in brief clinical encounters. While MI is recognized as a practical and common sense approach, becoming proficient in MI is an on-going learning process that requires significant training, practice, and feedback/supervision. This intensive 2-day “continuing the journey” workshop is designed for individuals who have completed an introductory training in MI. Participants will be guided through a sequence of learning activities to move from basic competence to advanced clinical skillfulness. Learning activities include real-life demonstrations, videotape examples, “real-plays,” small group exercises, and significant participant practice with feedback.

Learning Objectives

- Participants will be able to list four key principles of the Motivational Interviewing (MI) guiding philosophy;
- Participants will be able to identify four foundational communication skills of MI from demonstrations and video examples,
- Participants will be able to demonstrate three advanced MI strategies for eliciting and exploring clients’ own reasons for change in role-play practice exercises;
- Participants will be able to describe four MI strategies to navigate clinical conversations in the direction of client change goals; and
- Participants will be able to describe four key principles to apply their primary skills and strategies of MI into their clinical sessions.

Continue Education

This course meets the qualifications for eight (8) hours of continuing education credit for MFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences. Placer County Systems of Care CAMFT-approved Continuing Education Provider #041035. SOC maintains responsibility for this course and its content.

Instructor

For over 28 years, Steven Malcolm Berg-Smith has worked as a health educator, behavior change counselor, drug & alcohol prevention specialist, and researcher. He currently has a private practice in San Francisco as a trainer, consultant, mentor, and health counselor. A member of the International Motivational Interviewing Network of Trainers since 1994, Steven has conducted over 700 workshops throughout the US and internationally on strategies for motivating behavior change in brief clinical encounters, designed behavior change intervention protocols for several national clinical research trials, and in 2006 was selected to co-facilitate the Motivational Interviewing ‘Training for Trainers’ program in Miami, FL. He has authored several frequently cited articles on how to use motivation-enhancing tools and strategies to support adolescents and adults in making positive lifestyle changes. Steven holds a MS in Community Health Education from the University of Oregon, and a BA in psychology from the University of Redlands.

Date and Time

December 8-9, 2021 *both days required*
8:30am – 1:00pm each day

Location

This is a remote training via Zoom.
The Zoom link will be provided to registered participants prior to the training date.

For more information and to enroll:

Self-registration is available at Placer Learns

- County employees can register at this [Placer Learns](#) link
- External Users (non-County employees) can register at this [Placer Learns](#) link

To request a Placer Learns account, please email PlacerLearns-SOCadmin@placer.ca.gov

For accessibility requests (e.g. ADA access), special needs, questions and/or to provide feedback, please contact Placer County designee, Holiday Johnston via email at hjohnsto@placer.ca.gov.



Presented and funded by the Placer Campaign for Community Wellness



Fee:

This training is **free and open to the public**. In order to register, you are required to register through Placer Learns via the link <https://placerearns.csod.com/client/placerearns/default.aspx>. Placer County employees should access Placer Learns with *single-sign-on* through the County Intranet.

If you do not have a Placer Learns account, please contact a Placer Learns Department Administrator at PlacerLearns-SOCAdmin@placer.ca.gov to request an account and one will be created for you.

Cancellation Policy:

Due to this training being offered at no cost and most of our trainings often taking a waitlist, we ask that you withdraw from this training via your Placer Learns account if you are not going to attend. If you require any assistance in withdrawing, you may contact the Placer Learns Administrator for Systems of Care at: PlacerLearns-SOCAdmin@placer.ca.gov

Target Audience:

Motivational Interviewing: A 2-day Intensive is intended for a variety of different clinical professionals and non-clinical paraprofessionals, such as therapist, social workers, case managers, teachers, law enforcement, counselors, line staff and many more!

Advanced Motivational Interviewing: Continuing the Journey is intended for participants who have completed the introductory course and have experience using Motivational Interviewing in an applied setting.

Schedule:

This is a two half-day remote training. Registration will begin 15 minutes prior to start of the training time listed on the flyer. Two breaks will be offered at the trainer's discretion, and the training will end promptly at 1:00 pm.

Course Certificates and CEUs

Attendance for this remote training will be closely monitored by an administrator. Participants are required to attend and participate for the duration of the training on both days for credit. Attendees who complete the training attendance requirements will be able to view and print their Completion/CEU Certificate from the Transcripts tab in Placer Learns within two weeks of the training date. Please note the number of course credits does not include the time allotted for registering, taking lunch, or other breaks.

Attendees not present and accounted for will not receive credit. Partial credit is not offered.

Feedback:

Training attendees will be able to provide feedback upon completion of the course through the training evaluation form. Additional feedback or grievances may be forwarded to the Workforce Education and Training Coordinator at (530) 889-7222.

