

Hello,

Join us for a free racial equity training series starting September 30, *Fostering Brilliance: Helping Children and Families Shine through Adversity*. This series explores the personal and collective impact of racial trauma and racial inequities on children and families and provides strategies to help reduce disparity in outcomes in human services systems. Presenters include Jessica Pryce, whose TED Talk on implicit racial bias in child welfare decision-making has over 1.3 million views; Dave Ellis, executive director of the New Jersey Office of Resilience; and Lenna Ontai and Leah Hibbel, experts and researchers in child development at UC Davis. This dynamic series will use research-based, trauma-informed approaches to explore the impacts of public systems on children and families, particularly through a racial lens. This series is designed for all human services professionals who work with children and families.

[Session 1: Strengthening Families Using a Racial Equity Lens](#) (September 30)

In this training, we'll examine power and privilege and how we can share that power with families, thereby empowering their protective factors. We'll discuss how our system would function after it has had true and meaningful systemic change, and what it means for our entire system to evolve into one that develops courageous professionals who positively impact children and their families.

Trainer: Jessica Pryce

[Session 2: Building Self-Healing Communities—Understanding Adverse Childhood Experiences \(ACEs\) and the Science of NEAR - Neuroscience, Epigenetics, ACEs and Resilience](#) (October 7)

This session, led by Dave Ellis, executive director of the New Jersey Department of Children and Families, Office of Resilience, focuses on the impact of trauma, both our own and generational. Come ready to actively participate and engage with others as we delve into the science of NEAR, which includes understanding how Adverse Childhood Experiences (ACEs) and generational trauma increase risks for long-term physical, emotional and social disparities, and also how protective factors can support children, adults and families to decrease those risks. This session aims to support hope and resilience through understanding 3 core protective systems. NEAR combines the latest science from Neuroscience, Epigenetics (study of generational impacts), ACEs and Resilience, and when used together set the foundation for families and children to heal and grow together.

Trainer: Dave Ellis

[Session 3: An Exploration of the Impact of the Collective Trauma on Children, Families, and Communities of Color](#) (October 21)

Join Dave Ellis once more as he engages participants in an interactive learning experience to examine the implications and impact of collective trauma on children, families and communities of color. This webinar expands on the ideas shared in session two, diving deeper into the connectedness of trauma (identifying what is Yours, what is Mine and what is Ours); cross-cultural implications of trauma; and the 5-fold Practice for Healing.

Trainer: Dave Ellis

[Session 4: How Racism Impacts Child Development](#) (November 16)

This training will explore the importance of culture and racial/ethnic identity in infancy, early and middle childhood and how experiences with racism impact typical development. Participants will understand how cultural and ethnic family values contribute to child development, how racism is a stressor affecting children's development, and how family serving institutions can contribute to cultivating cultural family strengths to benefit the family system.

Trainer: Lenna Ontai and Leah Hibbel

We are able to provide these trainings for free to participants based on the support from the California Department of Social Services. To get more details about these trainings and to register, please visit [our website](#).

Have a great day,

Nancy
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