



The Nurtured Heart Approach

Six Day Workshop for Caregivers

DATES:

Week 1 - October 12, 2021

Time 6:00pm - 8:00pm

Week 2 - October 19, 2021

Time 6:00pm - 8:00pm

Week 3 - October 26, 2021

Time 6:00pm - 8:00pm

Week 4 - November 2, 2021

Time 6:00pm - 8:00pm

Week 5 - November 9, 2021

Time 6:00pm - 8:00pm

Week 6 - November 16, 2021

Time 6:00pm - 8:00pm

This training is for
Parents and Caregivers
and will include
3-Introduction sessions and
3-Notching Up sessions

PLACE:

Zoom (link will be emailed out prior to training)

REGISTER:

Please send Parent/Caregiver name and email address
to Andrea Nordness at anordnes@placer.ca.gov



Celeste Elsey, M.A. Special Education, has been an Advanced Trainer in the Nurtured Heart Approach® (NHA) for the past 12 years. She has trained parents, caregivers, therapists, social workers and educators across the United States. Celeste leads Greatness Kids Initiative groups, teaching youth how to use NHA in their own lives. She has recently authored a book to share Greatness Kids Activities with the world. Celeste is motivated to promote NHA through her love of public speaking and supporting others to make a positive difference in the lives of children. Celeste's background in education includes teaching special education in middle school, alternative education in middle school and high school as well as being an instructional coach for teachers at all grade levels. She is currently a special education teacher in a K-8 setting. She and her husband Joe reside in California, have raised 3 boys, have one grandson and use NHA in all aspects of their lives.

