

The Nuts & Bolts of Nurtured Heart Approach Training

Training Overview

This two, half-day course is designed for social workers and those in similar fields interested in using the Nurtured Heart Approach (NHA®). Participants will learn how to implement a higher level of NHA in a social work setting and will discover how to apply NHA to themselves. This training will explore the individual, small group and family support environment setting to improve overall client/social work climate. Participants will also learn how NHA fits with systems of support within their work. Practical ideas and tools for implementation to move toward success with NHA will be shared including participation in Greatness Kids Initiative activities for use with families.

Learning Objectives

- 1) Participants will be able to communicate 3 foundational principals and standards of NHA applicable to children and adults;
- 2) Participants will be able to identify the NHA approach and 3 ways to use the approach with fidelity in their work and personal environment;
- 3) Participants will be able to apply 3 principles of NHA to implement the practice in the home, education, and therapeutic setting; and
- 4) Participants will be able to demonstrate 2 practical applications during practice with Greatness Kids Initiative activities.

Continue Education

This course meets the qualifications for five and a half (5.5) hours of continuing education credit for MFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences. Placer County Systems of Care CAMFT-approved Continuing Education Provider #041035. Placer SOC maintains responsibility for this course and its content.

Instructor

Celeste Elsey, M.A. Special Education, has been an Advanced Trainer in the Nurtured Heart Approach® (NHA) for the past 12 years. She has trained parents, caregivers, therapists, social workers and educators across the United States. Celeste leads Greatness Kids Initiative groups, teaching youth how to use NHA in their own lives. She recently authored a book to share Greatness Kids Activities with the world. Celeste is motivated to promote NHA through her love of public speaking and supporting others to make a positive difference in the lives of children. Celeste's background in education includes teaching special education in middle school, alternative education in middle school and high school, as well being an instructional coach for teachers at all grade levels. She is currently a special education teacher in a K-8 setting. She and her husband Joe reside in California, have raised 3 boys, have one grandson, and they use NHA in all aspects of their lives.

Dates and Time

Two remote half-day trainings – **Both days required**
May 6th & May 13th 2021
9:00am – 12:00pm each day

Registration

- County employees can register at this [Placer Learns](#) link
- External Users (non-County employees) can register at this [Placer Learns](#) link

If you need assistance with registration or need to request a Placer Learns account, please email: PlacerLearns-SOCadmin@placer.ca.gov

A Zoom link for the training will be provided to registered participants prior to the training date. For accessibility requests (e.g. ADA access), special needs, and questions and/or to provide feedback, please contact Placer County Designee, SOC Department System Administrator at PlacerLearns-SOCadmin@placer.ca.gov





Fee:

This training is **free and open to the public**. In order to register, external users are required to register in Placer Learns via the link <https://placerlearns.csod.com>. Placer County employees should access Placer Learns with *single-sign-on* through the County Intranet.

If you do not have a Placer Learns account, please contact a Placer Learns Department Administrator at PlacerLearns-SOCadmin@placer.ca.gov to request an account and one will be created for you.

Cancellation Policy:

Due to this training being offered at no cost and most of our trainings often taking a waitlist, we ask that you withdraw from this training via your Placer Learns account if you are not going to attend. If you require any assistance in withdrawing, please contact a Placer Learns Department Administrator at PlacerLearns-SOCadmin@placer.ca.gov

Target Audience:

This training is designed for therapists, caregivers, teachers and adults who impact the lives of children. It outlines specific methods to engage with children in a way that will help them navigate around defensiveness and negative self-esteem.

Schedule:

This is a two half-day remote training. A Zoom link for access to the training will be provided to participants prior to the day of training. Access to the training will begin 15 minutes prior to start of the training time listed on the flyer. One break will be offered at the trainer's discretion.

Course Certificates and CEUs

Attendance for this training will be closely monitored by an administrator. Participants are required to attend and participate for the duration of both remote sessions for credit. Attendees who complete the training attendance requirements will be able to view and print their Completion/CEU Certificate from the Transcripts tab in Placer Learns within two weeks of the training date. Please note the number of course credits does not include the time allotted for registering, taking lunch, or other breaks. **Attendees not present and accounted for will not be given credit. Partial credit is not offered.**

Feedback:

A training evaluation and demographic survey will be available electronically. Attendees are encouraged to provide feedback upon completion of the course. Additional feedback or grievances may be forwarded to the Workforce Education and Training Coordinator at (530) 889-7283.

