

PARENT PROJECT

Presented by



ENDING THE PARENT-TEEN CONTROL BATTLE

- ◆ BE PREPARED FOR YOUR CHILD'S TEEN YEARS
- ◆ DRAMATICALLY REDUCE ARGUMENTS WITH YOUR CHILD
- ◆ IMPROVE SCHOOL ATTENDANCE AND PERFORMANCE
- ◆ PREVENT OR INTERVENE IN MARIJUANA, ALCOHOL, AND OTHER SUBSTANCE USE
- ◆ HANDLE A TEEN WITH VIOLENT OUTBREAKS
- ◆ KNOW WHAT TO DO WHEN YOUR TEEN RUNS AWAY
- ◆ EMPOWER YOURSELF WITH KNOWLEDGE
- ◆ CREATE A CIRCLE OF SUPPORT

Our next session starts on 4/13/2021

The course is 10 weeks in length and meets for 2 hours, once per week

WE WORK WITH A SLIDING SCALE; THIS IS INCOME BASED* JUST ASK!

*FUNDING HAS BEEN PROVIDED, IN PART, BY THE COUNTY OF PLACER MENTAL HEALTH SERVICES ACT

We are committed to continuing services and providing support during the COVID-19 Shelter-in-Place orders. That is why we are now offering Parent Project via ZOOM!

To Register:
Contact: Stephanie Sadhu
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For more information on family resources, visit www.granitewellness.org/services/parenting-resources.