



# COMPASSION

## NO ONE DESERVES TO BE A VICTIM

If you or someone you know is a victim of domestic violence, sexual assault, or human trafficking, Stand Up Placer is here to help.

Some warning signs of abuse include:

- Physical and/or emotional harm
- Sexual contact of any kind without your consent
- Intimidation and control over where you go and whom you see
- Control over finances and family matters

To find more information, visit [StandUpPlacer.org](https://StandUpPlacer.org)

Need help? Call our 24-hour helpline **800-575-5352**



Or scan this QR code with your phone to chat with a trained staff member

# STAND UP WITH US TODAY

Make a difference in the lives of survivors of domestic violence, sexual assault, and human trafficking.

Stand Up Placer is a non-profit organization dedicated to empowering survivors of domestic violence, sexual assault, and human trafficking to heal from the trauma and create new lives of strength and self-sufficiency. We take pride in our community, engaging and inspiring Placer County residents to end the legacy of abuse.

To volunteer or give a gift, visit [StandUpPlacer.org](https://StandUpPlacer.org)

### Administrative Office

PO Box 5462, Auburn, CA 95604  
530-823-6224 • Fax: 530-889-8497

### Auburn Direct Services Office

530-885-0443 • Fax: 530-889-8497

### Roseville Direct Services Office

916-773-7273 • Fax: 916-773-3990

### Stand Up Placer Thrift Store

916-771-4941

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# STAND UP PLACER

EMPOWERING SURVIVORS. SAVING LIVES.



Serving Survivors of Domestic Violence, Sexual Assault, and Human Trafficking

[StandUpPlacer.org](https://StandUpPlacer.org)



# STRENGTH

## YOU CAN RECLAIM YOUR PERSONAL POWER

If you are a victim of domestic violence, sexual assault, or human trafficking, know that:

- You did not "bring this upon yourself"
- You do not in any way "deserve" this
- There is no "acceptable" level of violence

We can help you regain your power, your self-confidence, and your life:

- Call the 24-hour helpline at 800-575-5352
- Chat with us at [StandUpPlacer.org](https://StandUpPlacer.org)
- Walk into one of our direct services offices

“Through my participation in the support group, I developed the strength to face my abuser in court.”



# SUPPORT

## YOU CAN BREAK THE CYCLE OF VIOLENCE

Since 1978 Stand Up Placer's experienced and caring staff has helped victims of domestic violence, sexual assault, and more recently, human trafficking.

### Some of the services we offer:

- Safety planning
- Gender-inclusive, pet-friendly emergency shelter
- Housing options
- Emergency food, clothing, and transportation
- Legal assistance
- Advocacy and accompaniment
- Peer counseling and clinical therapy
- Educational workshops and classes
- Age-appropriate children's services



# HOPE

## YOUR JOURNEY IS UNIQUE

We firmly believe that everyone—whatever their age, culture, disability, ethnicity, gender identity, marital status, nationality, race, religion, sex, sexual orientation, or socioeconomic status—deserves a life free of violence. We are committed to providing trauma-informed, diverse, and culturally responsive services to all survivors.

“Now, each day that I wake up, I am fighting to be the person that I am meant to be; I am also learning how to accept the darkness I've lived through.”

For more information about our services & how you can get help, visit [StandUpPlacer.org](https://StandUpPlacer.org)

