



Campaign for Community Wellness Meeting

Meeting: January 22, 2021

All material shared during meeting will be made available on website.

Welcome and Introductions:

- Spanish/English Interpretation (not available on phone)
- Agenda Overview

New Year Ice Breaker Rooms:

- Introduce self.
- Start with a Bright Spot!!
- Personal Coping Strategy, Book, Movie

Lived Experience Speaker – Latino Leadership Council Guest Speaker:

Sandra speaks of challenges – LLC has helped me in so many ways to grow and help with my relationship with my daughters (14-year-old twins). Excerpts:

- Domestic violence survivors: we have been in numerous shelters, my daughters in 11 schools, moved from county to county to evade our aggressor.
- Felt betrayed by system without support. Court battles, custody, restraining orders, testimony
- LLC has been an amazing support and positive impact on my life. I feel safer now and incredibly grateful for all the support.
- LLC support with projects, activities, supplies and art, food, housing options, therapy.
- Daughters are amazing artists, they can express themselves in teen groups, and are now winning awards. I am so proud – they were so afraid before, and I see them now so brave to talk to you.
- I feel safer with support from Latino Leadership and can share experience that there is hope. We are happy now, we are safe, and we know we can count on LLC. We know they are committed to helping others, and it inspires me to want to help others.
- Biggest challenge in new county – judge disclosed my location in front of my attacker so I felt I could not trust the system. I was afraid all the time. After court it was worse, but it has been better in Placer County with tremendous help and I am learning to trust with LLC.

MHSA Coordinator Updates - Sue

Continued work to improve MHSA data portal to report MHSA services

- Reporting feature is still being developed – launched soon
- Allows contractors to review data for client services

2021-22 annual update for MHSA

- Reporting out on 2019-20 data – challenges and successes to show in annual plan
- Any expected changes for upcoming year

State-wide budget – better outlook for upcoming fiscal year

- Non-MHSA: Unexpected state surpluses have resulted in one-time funding opportunities
- Staying on track with current MHSA budget – don't anticipate growth to allow for shortfalls.
- This year's unexpected revenue will help cushion through 3rd year of plan; where shortfalls are still projected.

Presentation Slides and recording available on CCW website

Next Meeting: March 18th, 4:00pm-5:30pm

For more information on CCW, visit: www.placerccw.org or email: info@placerccw.org



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- New contract with Beautiful Minds Wellness for senior peer counseling starts February 1st

Housing updates – Jennifer Price

- Contact Coordinated Entry – 211 – for assistance
- Closed escrow on Tahoe Hotel for Project Room Key (AMIH)
- Close escrow on 15-units for adult board and care in Placer County

County Updates: COVID-19 – Amy Ellis

- Anticipated surge upon a surge did not occur, but our numbers plateaued at high levels
- Trend shows likely decline in number of new cases
- Go to Placer County COVID-19 Dashboard to review info you are interested
- Vaccination information on dashboard
 - Appointments: flooded with new tier opening before previous tier was cleared
 - Updates on website for increased availability to administer when vaccines available

Innovation Plan

- Crisis Services was a priority identified through our 3 Year Community Planning process
- Current INN project is ending
- While we do not have to identify an INN project right away, an opportunity to expand our crisis continuum has presented itself for consideration
- If interest by community, we need to plan and submit to OAC for approval

Amy Ellis – Alternative to ER for Persons in Crisis:

- Sutter Hospital approached recently; priority and strain on ERs to manage COVID
- Sutter has some community dollars that are part of their strategic plan. They work with community partners to make those things happen. This is one of their priorities.
- We have been able to secure some funding from them and also reached out to our managed health plans CHW and Anthem
- No facility in County to accept crisis without going to jail and/or ER first – big gap to try and address
- Been looking at county models and exploring working with other partners; there is some urgency to look at this option right now.
- Urgent Care model which you can build up more quickly than a CSU model
- Ongoing operating costs are not covered with Sutter dollars so looking for other ways to fund them, such as INN dollars. Of the annual operation costs, INN costs would cover about 20%.
- Utilize/convert a portion of Wellness Center space at Cirby Hills Facility – 6-8 “beds” (recliners) for urgent care – Pilot phase: not 5150 designated but in crisis (individuals not on a hold)
- Offer services, discharge planning, prevent future crisis.
- Still in planning phase. A lot of impacts - to current providers and county staff.

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- Looking to see if community is supportive of moving forward with this as a possibility. Usually want to take more time but there is expediency needed since this opportunity is happening now.
- Question asked by Christina Whole Person Learning – clarify logistics around putting this plan forward; young people being in crisis and going to ER, normally waiting for provider to do assessment on site. Would someone go be directed to go to urgent care location or would they be transported from the ER.
 - Amy said a lot will depend on staffing level we decide on. Working with Sutter and LE partners. Logistics to work out. Intermediate level of care (not 5150 holds). Person in crisis willing (voluntarily) to go to urgent care that focuses on mental health. If it isn't voluntary, they will probably go to ER still; need 5150 assessment.
- Adults and youth both have a need but Cirby has small space – start pilot for adults only for now. Would need additional space to accommodate youth safely in the future. Not likely we can do that in the space as it is now.
- Michele – how does this affect services out of wellness centers?
 - Impact – less physical space to do established programs but still enough space left to do the same activities. We think there is an opportunity for a partnership between the two programs. Those at urgent care center can participate in wellness center activities. Also if people need to go up in levels of care – more care with 30-day crisis or PHF are also available on the county campus.
- Geoffrey McLennan MHADAB and OAC; spoke in very favorable support of this innovative proposal.
- No other comments or concerns raised by the attendees.
- Amy offered continued updates and if needed, we can do presentations, as this evolves and anyone can reach out to her or Sue with questions. Looking to identify what best benefits the community.

Workforce, Education & Training (WET) – Michele Irwin

- Training calendar on CCW website
- Implicit Bias training(s) in March
- Cultural Broker Dialogue Series – 8 sessions beginning 3/24
- Free to community – email Michele Irwin with questions

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- Informs our system on cultural responsiveness.
- Meets 2nd Tuesday alternate months 10:30-12 o'clock
- Identify disparities in our services and inform our WET committee for needed trainings.
- POLL was taken to identify LGBTQ+ training needs

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Announcements: CCW Meeting Schedule, Community/Providers

- Propose New Schedule:
 - Continue regular Friday meetings but every other month (Cancel February)
 - Add CCW meeting on alternate months 3rd Thursday 4-5:30 (Beginning March)
- Meetings are recorded in case participants are not available.
- Later in day may present a challenge for some – would it change our demographic? Who can participate? Who is missing? Would give others an opportunity to attend.
- New survey will be used at the end of this meeting and at least once more later in the year to collect demographic participation to identify gaps and outreach opportunities.

Closing – Participation Survey

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